

LARAMIE WOMAN'S CLUB

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Bonnie Braisted, LWC Interim Editor 2023-24

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**GENERAL FEDERATION of
WOMEN'S CLUBS**

www.gfwc.org

Lynn Prichard 813.390.2052

mlynnprichard@aol.com

PRESIDENT

Lynn Prichard

HAPPY MARCH!

There are so many things to celebrate this month. **March 8 is International Women's Day.** Gloria Steinem once explained, "The story of women's struggle for equality belongs to no single feminist nor to any one organization but to the collective efforts of all who care about human rights." To celebrate **International Women's Day March 8** and if you are planning to bring a dish to share at the meeting, how about making it international? Or **March 14 is Pi Day.** Pi is a mathematical constant that is the ratio of a circle's circumference to its diameter. We are meeting on the 14th, why not bring a pie to celebrate? And beware the **Ides of March on the 15th!** **March 17th celebrate St. Patrick's Day** with something green. And finally, the date we look forward to, **March 19, the first day of spring.** The GFWC of Wyoming conference is quickly approaching. How are you assisting with making this a success?

"March is the best time to start again, because if spring can do it, why can't you?"

Ourmindfullife.com

GFWC-WY PRESIDENT-ELECT

Karen Bard

Needs for State Conference

Ladies we are preparing for the State Conference which will be hosted by our club. We will be

looking for volunteers to assist but will have more specifics on that later.

The State Conference is April 25-27 and we are holding an **Art, Wine & Cheese event.** To that end, we are wondering if any of our members have bottles of unopened wine that they DO NOT plan on drinking. If that is the case, would you consider donating them to this event to help keep our costs down. The clubs in Cheyenne are being asked to contribute as well.

In keeping with our State President's focus on the environment, we are having **plants as our door prizes** and we could use some nice ceramic pots to transplant our trees and other plants into. I have a number of small evergreen trees growing in my greenhouse for this purpose. I am hoping to find some bonsai pots (rather small shallow pots). In addition, Adrienne is donating some plants and also needs some small pots for the plants she is donating. So, if anyone has some rather smallish, nice ceramic pots that they aren't planning on using and are just sitting around taking up space, please consider donating them to the event.

Finally, we are going to put some **baskets** together to sell. We will receive part of the proceeds to our club as host for the conference. If you would like to donate an item or put a whole basket together as a donation for fundraising, please bring it to our March meeting. There is no theme and individual items will be lumped together to create nice baskets. **Baked goods** can also be put together; but that, of course, will be a last-minute thing. If baking is what you want to do, please notify the committee so we can keep track of what is being donated and how much room we need to have for this.

If you have any questions on the above, contact Karen Bard at kcbard@charter.net) or 307-343-6919. If you are willing to help the committee, you can also let us know. We will be looking for soups and salads, set-up and tear down, cashiers, hostesses, etc as we finalize the arrangements for this event.

1st VICE PRESIDENT

Lynda Hidalgo

REMINDER!! **Our March 14th meeting will start at 11:30 a.m.** in order to have time to see a PBS film entitled: "THE STORM OF '49". This storm affected Laramie for 22 days and was national news.

2nd VICE PRESIDENTS

Betty L. & Betty S. Wills

New Member:

Sue Peters

1251 North 21st Street Apt. 31

82072

307.689.6406

3rd VICE PRESIDENT

Ina Buckner

1) We had 52 participants at our **BUNCO** party February 25th at the Eppson Center. Ticket sales were \$1,250 and after deducting expenses, \$1,000 will be going to Feeding Laramie.



2) Last month I sent to all the schools in Albany County, a request for artwork to be judged at next month's meeting. We are allowed to submit 12 artwork pieces for the state conference here in Laramie!

3) NU2U Clothes & NU2U Sports—LWC has accounts set up at both places. Each of the outlets takes 25 items each week (except during overflow weeks). Any questions for acceptable items, please call Ina Buckner.

CORRESPONDING SECRETARY

Janine Kropf

MARCH BIRTHDAYS

Rita Clark (5)

Sue McDonald (15)

Polly Wade (23)

Janna Clark (23)

Mary Guenzel (24)

Jeannie Mahaffey (28)

ROOTED IN LARAMIE

Bernie Horst

I have been in contact with Rooted in Laramie, and they are very excited to start taking reservations for trees to be planted on June 8th.

At this time, they do not know the type of trees they will have available. 65 trees will arrive in Laramie.

However, you are invited to go their website, rootedinlaramie@gmail.com, and fill out a very short form indicating you are interested in a tree for your FRONT yard. You will leave your email and will be contacted as soon as they know what types of trees they will have.

The trees are \$50 which includes a tree planted in your yard (hole dug, etc.). Their crew does all the work. Information as to where and when to pay will be included when Rooted in Laramie contacts you.

If you are interested in volunteering to provide food for the Rooted in Laramie crew during their June 8 plantings, please send me an email. Costs will be reimbursed.

I spoke to the treasurer and she explained the time involved as a volunteer begins at 7:30 am and concludes about 12:00 pm.

If you want more information, you can call Hilery Lindmeier at 307-262-9117.

HEAD START TEDDY BEAR PARTY

**Jo-Carol Ropp, Mary Fick Monteith, Claire Angele,
Mary Guenzel and Janine Kropf**

Jo-Carol informed us that Head Start will be having a Teddy Bear Party at a yet-to-be determined date in mid- to late March. They have 75 students—this is such a good project for children in need in our community. Thanks to everyone who responded and said they'd be willing to share some time helping, cutting and/or contributing to the purchase of the fabric. Each yard will make 2 Teddy Bear blankets, roughly 19" x 36"—per Jo-Carol's suggestion.

A big thank you to the Sewing Guild of Laramie for \$100 donation toward the purchase of the fleece.



Five different fleece "bear" prints were found thru Joann's on their President's Day sale. Thirty-eight yards of fleece have been ordered. Hopefully, each child will get a print they like.

HEALTH AND WELLNESS OUTREACH

Mary Fick Monteith, Claire Angele, Mary Guenzel

The first two deliveries of fabric went to 1) Bette Red Cloud at Pine Ridge Reservation and 2) Food for the Poor affiliate Angels of Hope (AOH), a non-profit in Jamaica.

Following is the response to a 3rd delivery of fabric and craft items to Ft. Washakie and Ethete.

Please thank the ladies from your club who donated all the wonderful material that was then transported to Lander! I distributed the boxes today and everyone was SO thrilled to have the material! I even learned that the Boys and Girls Club have access to a quilter machine next door to their facility!

Boxes were distributed as follows:

~Jute and material, plus patterns-Shoshone Boys and Girls Club, Ft. Washakie

~Quilt squares and material-After School Program-Ft. Washakie School

~Quilt squares and material-Home Ec Class-Wyoming Indian High School, Ethete

When I get the other 2 small boxes of material, I will bring them to the Boys and Girls Club.

Thanks again!

Barbara Locke

EDUCATION/LIBRARIES

Janice Pelton

Please spread the word about the Laramie Woman's Club 2024-2025 Mary Godat Bellamy Scholarship! The scholarship is available to both women and men and will benefit a **non-traditional** Albany County, Wyoming, resident age 18 or older that is currently attending or will be attending a Wyoming university, college, or licensed and accredited technical, vocational, or trade school during the 2024-2025 academic year.

A non-traditional applicant must meet at least one of the following criteria:

- Did not attend an institution of higher learning immediately upon completion of high school, but may currently be enrolled, **OR**
- Did not attend an institution of higher learning immediately after obtaining a GED, but may currently be enrolled, **OR**
- Withdrew from an institution of higher learning before receiving a diploma or certification from the institution for any reason.

The amount of the 2024-2025 scholarship will be \$1,000; the application form can be found at:

www.gfwcwyo.org/scholarships.html

Deadline for submission of applications will be Saturday, April 13, 2024.

To date, we have received ZERO applications!

Please contact Education & Libraries Chair Janice Pelton if you have any questions. Thank you.

**WYOMING HUNGER INITIATIVE/ INTERFAITH/
RIDLEY'S/ STUDENT SUPPORT TEAM**

Annie Nelson

THANK-YOU to all of you who wrote letters to the Governor, Superintendent of Public Instruction Degenfelder and/or the **Wyoming Hunger Initiative**. Making government aware of the needs of the people is important. Our children can't advocate for themselves so your letter is critical to

helping the Superintendent be aware of other options she and her team can create to solve this hunger problem. If you learn of an idea, program or other info please keep us in the loop!

****Our member, Gina Gibson, recently attended the Governor's Wyoming Prayer Breakfast and spoke before the sold-out crowd of 650 attendees. The keynote speaker was Scott Smiley, the Army's only active-duty, blind officer. Ask Gina about it.**

****Gina also took to Cheyenne a donation for the Wyoming Hunger Initiative (WHI). Thanks to the following groups for adding their financial contributions to the Wyoming Hunger Initiative: Laramie Woman's Club, Merry Mermaids and**



Lighthouse Ministries. Among the three groups a total of \$500 was raised and a check was presented to

Jennie Gordon from the three groups. Public mention was made of these groups to the 650 people at the Governor's Prayer Breakfast. Gina challenged them to follow our lead and to also contribute to the WHI to stamp out hunger in Wyoming or another favorite non-profit.

****Did you know that there are about 58,000 people in our state who face food insecurity daily? And of that 58,000 nearly 28,000 are children under 18? We can solve this problem, please write to your legislator and share your concern. If you've got an idea how we can help, please let the LWC Board members know! When we put our heads together, we can solve this problem.**

****Lisa Theis was very thrilled to get our most recent donations of clothing, bread/cheese, and hygiene items to the Student Support Team. Thank-you to all of you who donate when you can. Travel size deodorants for females and males, regular size shampoo/conditioners for either sex and cold weather gear for all sizes are being accepted. Bring your items to a meeting and we'll get it to Lisa for the kids.**

****Interfaith is accepting donations of Safeway foods: Safeway brand rice, canned tuna or chicken**

are a few examples. Call Interfaith, 742-4240, for a list of needed items or check the Internet for what **Interfaith** currently needs. Thanks for your help! ****Ridley's** will be having a caselot sale March 1-18, 2024 in which many canned items will be marked down when you buy a case. You might pick up protein like tuna or canned chicken for **Interfaith** which is always needed and cheerfully accepted. IN ADDITION: all day next Thursday, 3-7-24 is Senior Day when you get an additional 10% OFF your items if you are over 55 years old. Just show your ID to your checker, no sign-up, no app needed. This discount applies to your **WHOLE** order not just donations. Bring your donations to the March 14 meeting, we'll get them to **Interfaith** and thank-YOU for helping stop hunger in Laramie. Hope you can take advantage of the great savings!

Thank-you **Ridley's!**

****Please continue to save your can tabs as we're collecting them for the Ronald McDonald House in Denver. Thirty pounds helps a family stay for 1 night - yep, that's a lot of tabs - so keep up the good work! Please bring them to the meeting.**

****The parking cone will be stored in the garage of the Carriage House (not the LWC closet) for hygiene purposes.**

ONO BANANA-NUT BREAD

“Rise and Dine America”—Marcy Claman

Several members requested Sharon Hand's recipe for the delicious banana bread she brought to the February meeting.

ONO = Good in Hawaiian

½ cup sugar	3 Tblsp buttermilk
½ cup brown sugar	1 tsp baking soda
½ cup butter	3-4 bananas-mashed
2 eggs	1 cup chopped macadamia nuts, pecans or walnuts
2 cups flour	1 tsp vanilla
½ tsp baking powder	Chocolate chips (optional)
½ tsp salt (optional)	

Preheat oven to 350°. Grease 9" x 5" x 3" loaf pan (bundt pan or 24 muffin cups). Cream sugar and butter. Blend in eggs. Sift flour, baking powder and salt together and add to the batter. Combine buttermilk and baking soda and stir into the batter. Add mashed bananas, nuts and vanilla. Pour into prepared pan. Bake 45 minutes if using loaf or bundt pan or 30 minutes if using muffin pans. Yield: 1 loaf



It's a



Bunko Party!!

Come join the ladies of X-JWC at our
GFWC Bunko Party

Take this opportunity to get to
know your GFWC sisters. Bring a
guest and let them get to know your GFWC
sisters.



**Bunko party will be held in Cheyenne
at the Moose Lodge April 13, 1-3 pm.
\$10 pay to play – no reservations
required**

If you think you would like to come, please rsvp to:
Karen Kent, wyokents@msn.com

