

**Wyoming News Blast**

**August 2020**



**GFWC Wyoming President's  
Message – Nancy Kaufman**

**Proud GFWC  
members  
Since 1904**



**Be the Light**



What a strange world we live in right now. I miss smiles that are hidden by masks, warm hugs, and sitting peacefully with friends. I miss sharing the excitement of a new administration, and all the changes that are occurring, with each of you. I miss the electricity that is generated as we share thoughts and bounce ideas off each other –feeding the magic we create when we work together. That said, my heart is heavy for all who are impacted by this pandemic, far more so than I, and my prayers are with them. I am more than honored and humbled to be representing GFWC Wyoming and truly appreciate the trust you have given me. Following in Mary Lee's steps is a challenge but she has forged a clear path ahead. I would like to sincerely thank all the board members who volunteered their services during this administration. For a while now I have been thinking about what my focus would be during my term as GFWCW President. Although I chose my concentration areas well before this COVID crisis began, I believe they are even more timely now. For the next two years I would like to emphasize three things. First would be Mental Health Awareness and Suicide Prevention. This is a broad but critical area in each of our communities and I chose it because we could tailor it to our respective needs. Suicide rates in Wyoming are among the highest in the nation and suicides among women veterans and Native Americans are especially alarming. Mental health awareness stretches from the bullying on the playground of our schools to the adults in full crisis mode surviving among us. We are fortunate in Wyoming to have some services available in many places and I would like to see us support or even expand those as individual clubs see fit. Statewide suggestions will be made in the coming months. A particular project I would like to advance statewide is the placement of Buddy Benches (also known as Friendship Benches) in at least one elementary school in each town there is a GFWC club. Of course, if you know me, you know I want more than one! This was successfully implemented in one North Carolina community, several years ago to help combat bullying on the playground. More to follow on this...My second focus is to promote the practice of Random Acts of Kindness. One thousand of them! This may sound trite, but I am so tired of divisiveness, discord, and name-calling in our world today. It has been scientifically proven that the hormones generated by the human body after performing an act of kindness provide a natural high for the giver. An act of kindness also affects the recipient and studies suggest they are more likely to "pay it forward". We can do this because this IS what we do. My third focus is to continue collecting the Mile of Dimes for March of Dimes. I believe we are about one third of the way there. Keep saving those dimes! Finally, my motto will be "Be The Light". We are a sisterhood and we are powerful together but it begins with each of us committing to be the difference individually. It begins with me. I look forward to all of you joining me on this journey.

Take care and stay safe,

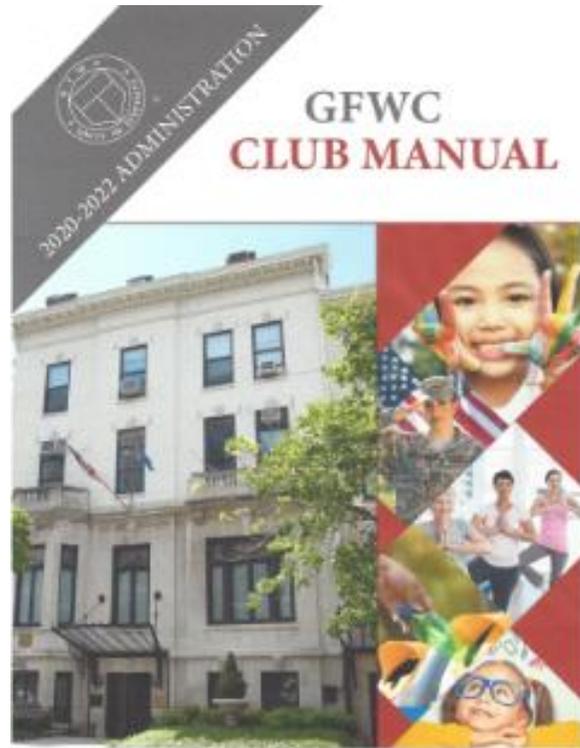
Nancy

We are more alike my friends than we are unlike—Maya Anjelou

## **GFWC Wyoming President Elect Patricia Peoples**

As your Dean of Chairmen for Nancy's administration, I want to challenge everyone to keep me busy. If you have questions about your duties as chairmen, contact me. If you haven't yet, please go to GFWC.org and download the GFWC Club Manual. So much has changed, and the direction we are going is exciting! I can't wait to see what the clubs do with it.

President-Elect Trish Peoples



## **Club News**

### **Women's Civic League of Cheyenne – Linda Stower**

We have been rather quiet this summer and hopefully gearing up for the Club Year. This is the first time in 52 years that we will not showcase a house for our Annual Christmas House. Instead, we are planning an on-line auction and bake sale. We will have several items to bid on and we will have some of our favorite kitchen items to order. Stay tuned for more information.

The Club has also lost one of our dear members, Billie Neff, passed away this past week. She was a firecracker and gave such a spark to our monthly meetings. Billie was always eager and willing to provide crafts for Christmas House. She will be sorely missed.

Have a great fall!

**GFWC MEADOWLARKS**  
**CHEYENNE WYOMING**  
**By Flo Beville, President**



The Meadowlarks have continued to be busy throughout the summer months. In May we prepared a meal for the Habitat for Humanity work crew. This is our second meal we have provided and it's always so appreciated. When the food started to be delivered, they were amazed, and I told them, oh, there is more coming. Unfortunately, due to COVID we did not stay and eat with the crew like we did last year, but we did get to visit a bit and meet the new homeowner.

Some of our members have been keeping a couple of Food Pantries at churches in town filled. One location is on the South side, and one on the North. There has been much donated out of pocket and in kind. We also maintain our own pantry in partnership with AmVets inside their building. At the beginning of the COVID shut downs, many people took advantage of the food and personal items available. The Pantries are definitely being utilized. We feel we have made a difference in helping keep some less fortunate families fed.

We held our first Zoom meeting earlier this year, and it was a lot of fun.

On October 31<sup>st</sup>, the Larks are hosting a craft fair, called Meadowlarks Market. It will be held (COVID permitting) at the Cheyenne Frontier Days Headquarters building. We are lining up vendors and hope it will turn out to be a successful event. Members of the Larks are crafting. The hours are 9 to 5, so please drop by if you are in the area. Of course, there will be a Halloween theme.

Elections – The Meadowlarks will hold their Officer elections in September, so we will have a new slate of leaders. We have a great group of 15 ladies and look forward to more plans and projects throughout the year.

It's been my great pleasure to lead this group for the past 1-1/2 years. It's bitter sweet that I am stepping down, but with new leadership comes fresh eyes and new ideas. I'm looking forward in continuing to be part of the team.

Thank You Larks,

Flo

**Laramie Woman's Club**

Laramie Woman's Club Even though summer is usually pretty quiet for Laramie Woman's Club, a lot has been going on this year. Besides distributing face masks sewn by our members to the hospital and other locations around Laramie, club members helped with home food deliveries for Laramie Interfaith food pantry. On June 18th we had our end of club year meeting on the lawn of the Ivinson Mansion with 35 members enjoying the sunshine and each other's company (at a proper social distance of course). After cancelling the March and April meetings, it was a joy to get us together to celebrate our accomplishments and make plans for the future. Our September meeting will also be held on the lawn if weather permits. We received a surprise announcement that our Historic Women of Wyoming Calendar won first place for creative fund raising in the international GFWC contest and we were awarded a \$50 prize. The biggest project this summer has been downsizing our booths at Bart's Flea Market. For over 25 years we have sold donated items there and given the proceeds to the Ivinson

Mansion and the Laramie Plains Museum. The Bart's crew sorted, mechanized and rearranged display shelves to vacate those two booths by the end of July. With a little luck and lots of hard work the remaining booths look inviting and we have managed to squeeze in display cases to accommodate all of our best items. Please stop by to take a look at the remodel and you might find a lovely item to purchase.



## **News from our Chairmen**

### **Juniors' Special Program – Michelle Smith**

Hello Women's Club of Wyoming! I am your new Juniors' Special Program Chairman. I am excited to be a part of this endeavor. I have been a part of the RSWC since 2018 and find the service of volunteering with this club incredibly rewarding, as giving is from the heart, and that this club offers "much heart" to this community as we are able to touch so many lives. I am passionate about the well-being of children as I am a pediatric occupational therapist and love helping children function at their highest level by advocating for their needs through early intervention and school programs.

This year we have many exciting opportunities to bring awareness and "heart" to our community. First, I would like to recognize September which includes National Service Dog month which is an opportunity to support canine companions. September is also designated as Childhood Cancer Awareness Month. Think about projects involving supporting St. Jude Children's Research Hospital. For example, making waiting room fun bags. Fill a sealed zippered plastic bag with fun things a child or teen can do as they wait to visit their doctor. Here is the website for more ideas [stjude.org](http://stjude.org).

For the month of October, we would like to recognize World Day of Bullying Prevention by considering putting up a Buddy Bench on school playgrounds. This is where children can choose to sit during playtime which signals to other children that they would like someone to talk to or play with. It is a piece of playground furniture that has the power to promote inclusion and empathy. This is something that school staff should be trained on to prevent bullies from taking advantage of someone sitting on the bench. This month also includes GFWC Advocates for Children Week which is Sunday October 25<sup>th</sup> to Saturday October 31<sup>st</sup> 2020. I want to encourage your clubs to participate in this week by doing a project of value to children in your community. One idea to go along with your project is to write a proclamation supporting children and have your mayor read it at a council meeting during this week. I want to challenge Wyoming Clubs to “Stick Your Neck Out” and undertake a project directly benefitting children during this week. Use the application in your manual or the one provided in this newsletter (President’s Addendum page #3) to submit your project for recognition.

As Herbert Hoover so passionately stated “Children are our most valuable natural resource.”



### **Women’s History Resource Center – Robin Broumley**

Dear Club members,

I am your new GFWC Women's History and Resource Center Chairman. I'm here to remind you of - and help you work toward - our goal: to Preserve the Past, Promote the Present and Inspire the Future. What a historic year for us, with all of the Women's Suffrage Centennial activities as well as the Pandemic! Hopefully, you have been weathering this unusual "storm" okay.

**In recognition of the historic significance of the Women's Suffrage Centennial, GFWC is offering a 2020-2021 Special Award of \$100 to the GFWC Club that best promotes the celebration in their community. Information on the award will be included in the November issue of the WHRC Messenger.**

If I may be of help, please e-mail me at [robinlbroumley@gmail.com](mailto:robinlbroumley@gmail.com) or text or call me at (307)259-4174.

Robin Broumley

**NEWSBLAST AUGUST 2020**  
**ENVIRONMENT COMMUNITY SERVICE PROGRAM**

Phyllis Salzburg, Chairman

The new Environment Community Service Program (similar to the old “Conservation” CSP) “encourages us to become stewards of the earth by working to preserve the world’s resources, protect wildlife and domesticated animals, live sustainably, and beautify our communities and enjoy nature.”

With all of our state and national parks, landmarks, wildlife and wide-open spaces this CSP is important to Wyoming and our clubs and the source of many potential projects for our club members. The **CHALLENGE PROJECT** below is just one of many suggested projects from the 2020 – 2022 GFWC Club Manual. Notice there has been another “R” added to the old Reduce, Reuse, Recycle motto – Refuse. If you have a choice in a grocery store, select paper bags or bring your own reusable bags. When driving around town or on our highways have you noticed the number of plastic bags waving in trees and on fences? Let’s try to reduce the amount of plastic spread around our state by our wonderful Wyoming wind!

**CHALLENGE PROJECT: REDUCE PLASTIC USE--REFUSE, REUSE, REPURPOSE, RECYCLE** Reduce the use of plastics among club and community members with a campaign to refuse, reuse, repurpose, and recycle. Get started by supporting legislation that reduces plastics in the environment, especially where they can get into the waterways or the ocean.

Replace disposable plastic cups, bottles, jugs, bags, and other containers with reusable objects such as drinking bottles and cloth shopping bags. Bypass items in plastic packaging for those sold in paper, cardboard, and other containers made from renewable resources. Repurpose pill bottles and other unavoidable plastics. Get creative and make usable objects from plastic bags, such as crocheted totes and sleeping mats. Finally, be especially diligent in recycling or upcycling, ensuring every possible item is put to new use!

**Community Impact Program – Karen Brannon**

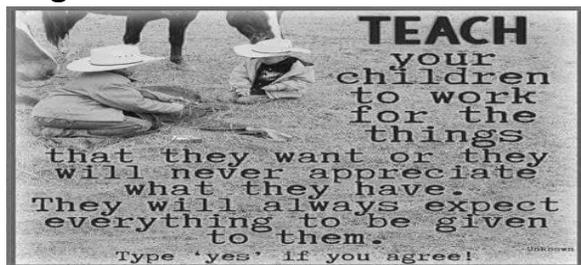
The CIP award program has been updated to the GFWC Community Impact Program. It will run from January 1, 2020 to December 31, 2021. Karen Brannon, CIP Chairman



**Membership Chairman Education & Libraries Community Service**

**Program**

**Carolyn Turbiville Chairman**



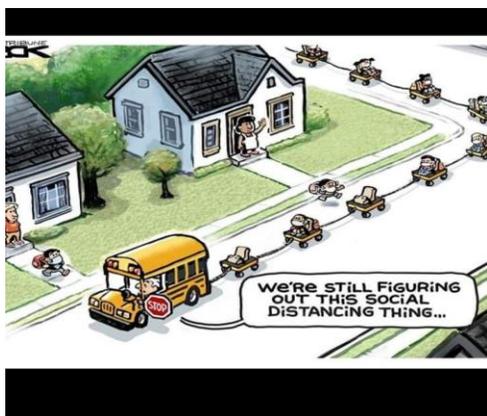
I am pleased to be state chairman of the Education and Libraries Program. After teaching for 33 years, beginning with a one room school (with 7 grades each year 1st-8th) for two years in South Dakota and 31 years in Cheyenne in 1<sup>st</sup> and 2<sup>nd</sup> grades, I retired from teaching in 1999. For many years, I took a registered Therapy

Dog to schools for children to read to and now I have been helping in a classroom, until last spring when schools shut down for Corvid 19. I am a member of X-JWC in Cheyenne.

As chairman of the Education and Libraries Program, *I would like to challenge each club to do at least one project for 2020-21. Each month, I will be putting suggestions in the Newsblast. If you or someone in your club, has a suggestion, please share it with us. Let's make this committee known and have the biggest year of all! Contact your school administration, if you need permission to do something in the school or for questions, also do the same for your local library.*

### *Suggestions*

1. *Collecting school supplies-You can contact the administration building or contact a local school.*
2. *Take treats to a school for the staff at the beginning of school year or anytime. Again, touch base with the school. The library would enjoy the treats, also.*



3. *Volunteer in a school or library (When COVID gets cleared up)*

*I have a list of Virtual Volunteer ideas. If your club would be interested in doing this kind of volunteer work, please let me know.*

*Presidents, please let me know who your Education Chairman is.*

## **CIVIC ENGAGEMENT AND OUTREACH COMMUNITY SERVICE PROGRAM**

**by Flo Beville, Chair**

Greetings GFWC-WY members! **Whew** what an involved name for a Committee. So, for the sake of expediency, I will refer to it as Civic Outreach in the future. I was so thrilled when Nancy asked me to chair this committee. It just sounds like a fun and productive area to cover.

There are so many projects that can be accomplished, and I will highlight one to two each month that clubs can be thinking about completing.

But first, I'd like to introduce WyoBelle II. I am bringing WyoBelle back to partner with Heifer International, so she will be traveling with me to meetings, etc. Please be sure to bring your spare change to feed her. Isn't she cute?



A possible project for September would be for each club to conduct a SOCK drive. I am told that the most requested item for Homeless Shelters is socks. In Cheyenne we have a new non-profit Veterans' Rock for Homeless Veterans. It would be nice if the Cheyenne GFWC Clubs partner and collect socks for this organization. For other clubs across the state, please consider this sock drive for your shelters.

Again, I am very happy to chair this committee and look forward to working with all the Wyoming Clubs in the next two years. If you have ideas for me, please be sure to contact me.

Thank You,

Flo Beville

Vice President/Editor of News Blast – Marcia Volner

Please send only Microsoft word files for articles in the future. Thanks for your wonderful articles. I want to be able to get them in the newsletter the way you would like them to look.



Addendums from our GFWCW President:

#1

---

THE YODER WOMEN'S CLUB  
WILL BE COMMEMORATING THE  
100 YEAR ANNIVERSARY  
OF THE 19TH AMENDMENT  
@ THE YODER PARK  
AUGUST 26th, 2020 5-7 pm  
Guest Speaker Cindy Kenyon

**19th Amendment**

The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of sex.

Congress shall have power to enforce this article by appropriate legislation.

Cookies and refreshments will be served.  
Please bring a lawn chair and join them.

---

---

GENERAL FEDERATION  
of WOMEN'S CLUBS



**CAMPAIGN FOR THE FUTURE 2020-2022**  
**DONATION FORM**

**Donated By**

Individual \_\_\_\_\_ Club \_\_\_\_\_ District \_\_\_\_\_ State \_\_\_\_\_

**Donor Information**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Club/District/State Federation/Region (Circle one and list name)

Mailing Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone (with area code) \_\_\_\_\_

Please check one of the giving levels:

**\$202.20-\$499.99**  
Receive a GFWC  
Headquarters Bookmark

**\$500.00-\$999.99**  
Receive a Run for the  
Roses logo item

**\$1,000 and Beyond**  
Receive a dazzling  
Jeweled Rose Pin

Donation Amount \$ \_\_\_\_\_

\_\_\_\_\_ Check (Payable to GFWC)

\_\_\_\_\_ Cash

\_\_\_\_\_ Credit Card

\*\*Please write in the memo line of your check  
"Run for the Roses"

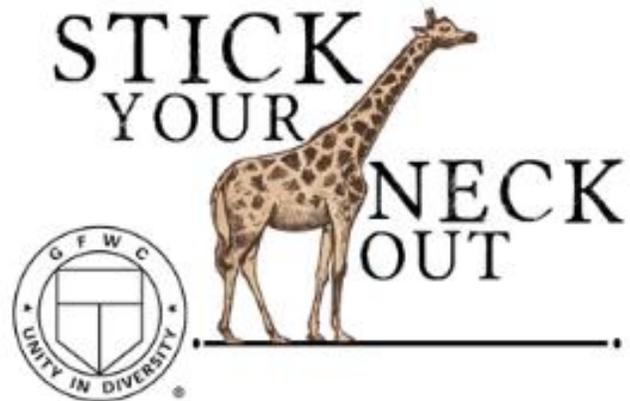
**Credit Card information accepted through the GFWC website: [GFWC Member Portal](#)  
or by calling GFWC Headquarters 202-347-2937**

Complete this form and send to: GFWC | Attn: Capital Campaign  
1734 N Street NW  
Washington, D.C. 20036-2990

---

## GIRAFFE AWARD APPLICATION FORM

The Giraffe Award will be presented at the Junior Business Session of the GFWC Annual Convention in 2021 and 2022 to honor all State Federations that participate in the Challenge Project. An award certificate will be provided to each club that undertakes a project directly benefiting children during the fourth week of October.



**STATE FEDERATION:**

**CLUB NAME:**

**CLUB CONTACT & PHONE NUMBER:**

**NARRATIVE:** Please provide a short description of 50 words or less to describe your club's activity for GFWC Advocates for Children Week, plus one or two photos.

Mail or email form and photos to Juniors' Special Program Chairman Carrie Zimmerman, 605 White Oaks Farm Road, Tamasec, SC, 29686, or [czim22@gmail.com](mailto:czim22@gmail.com). For GFWC's use of photos, please include the Creative Arts Waiver Form found in the Awards, Contest, and Grants section of the GFWC Club Manual.

## *Holiday Open House*



Plans are underway for the December 9, 2020, Holiday Open House! This year's theme is "What a Wonderful World!" At GFWC Headquarters, the theme will celebrate nature, taking its cue from the French murals that decorate the parlor. The background color of each mural is pale peach, so the holiday colors will be **peach, russet** (reddish brown, like the cap on the little bird's head in the bottom photo), plus a touch of **cream** and lots of glittery **silver** and **gold**, with many beautiful ornaments in the shape of birds (from humming birds to owls), adorable animals, snowflakes, pinecones, and other shapes found in nature. Of course, there will be lots of greenery throughout the house and sparkly white lights too. Each State Federation can contribute by sending one or two handmade or purchased ornaments, between 4 and 6 inches in size. Please do not label the ornament, as a small tag will be added to identify each state gift as it hangs on the tree. And please adhere to the color scheme—peach, russet, cream, silver, and gold, and send your contribution to arrive by November 15.

If you like to look ahead, the December 8, 2021, Open House will celebrate our volunteers with the theme "Good Tidings of Comfort & Joy!" At GFWC Headquarters, the holiday colors will be the deep **aqua blue** in the murals, plus **creamy white** and lots of glittery **silver** and **gold**, with many beautiful angel and star ornaments. Once again, each State Federation can contribute by sending one or two ornaments, between 4 and 6 inches in size, for the tree. Small tags will identify the state gifts.

### **Club Recognition**

Please encourage clubs to consider these themes for their 2020 and 2021 holiday projects. The theme can be interpreted in any manner that best fits a club-sponsored holiday project or event. A special Arts and Culture Community Service Program Contest, "The President's Prize," will recognize one club with an award of \$100 for the best interpretation of that year's theme. More information can be found in the GFWC Club Manual.



Follow us on Facebook: GFWC of Wyoming  
GFWC-Wyoming website: [www.gfwcwyoming.org](http://www.gfwcwyoming.org)

**Marcia Volner, Editor**  
**Phone: 307-389-8388**  
**[mvwycoff@gmail.com](mailto:mvwycoff@gmail.com)**