



**FEBRUARY 2024**

*Patty our President was busy in January compiling our Annual Report to submit to GFWC Wyoming by Feb 1. Why? Because it's a good wrap up for the year on the projects we have done and in the past the Larks have been recognized at State and International Levels. It's nice to be called up to the front of the room to be recognized and given a certificate at the Annual Meeting. Also, it records our history.*

*Cookies - Members will get together this month to decorate cookies for the Troops at FE Warren. Karen Kent will put out a date.*

*Tarot Anyone? As promised I contacted Twinkle Twinkle Little Store (in the old Tivoli Building downtown) for information for a social event. Patricia at the store suggested we come in on a Sunday as they have a phenomenal lady Lisa who does a great job with Tarot Readings. It is \$40 per person and the reading lasts 30 minutes. We can also do a bit of shopping in their store. I've been in it and it's great. But I need a head count. Just email me [robi53@msn.com](mailto:robi53@msn.com) to let me know if you are interested and also mention what Sunday would be good. We can look at February or March. No Super Bowl Sunday -- Thanks*

### ***The Two Wolves***

*An old Cherokee chief sat down to teach his grandson about life.*

*"There's a fight going on inside me," he tells the young boy, "a fight between two wolves."*

*"One wolf is evil. It's full of malice, anger, greed, self-pity and false pride. The other is good. It's full of peace, love, joy, kindness, and humility."*

*"This same fight is going on inside you and everyone else on the face of the earth."*

*The grandson was quiet, pondering this revelation for a moment before asking,*

*"Grandfather, which wolf will win?"*

*The old man smiled and replied, "The one you feed."*

***Moral of the story:*** *Good and evil exist within each of us. It's our responsibility to own that reality and do whatever we can to nurture the good. (Source: Unclear but often attributed to the Cherokee people)*

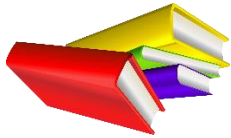


AMETHYST  
FEBRUARY

*February's Birthday goes to Darlyn on the 19<sup>th</sup>. Birthstone Amethyst*

*MEMBERS: I have no more surveys to highlight at this time. PLEASE send me your surveys. So my dear co-members, you are stuck with ME.*

*Flo: I was born and raised in NJ. The Air Force brought me to Cheyenne where I stayed. My husband is Norm, and we have three granddaughters, one grandson, and two great grands. I like to read, do crossword and other word puzzles, play mahjong, and travel. I gravitate toward John Grisham, David Baldacci and James Patterson but am open to all genres. (currently reading *The Horsewoman* by James Patterson). I am one of the founding members of the Larks. I enjoy being a Lark member and doing my part in serving my community.*



*This month's book is selected from Oprah's Book Club. --Hello Beautiful By Ann Napolitano. It unfolds a powerful family saga that delves into the transformative power of love. A New York Times bestseller and Oprah's Book Club pick this tender tearjerker that explores whether love can mend a broken soul. The narrative revolves around William Waters, raised in a home haunted by tragedy where love was a scarce commodity. Enter Julia Padavano, a vibrant force, and her close-knit family – Sylvie the Dreamer, Cecelia the free-spirited artist, and Emeline, the caregiver. The Padavano household becomes William's refuge - a haven of chaotic love and newfound contentment. However, shadows from William's past emerge, casting a pall over their idyllic existence. A family rift ensues, challenging Julia's plans and testing the unyielding bond between the sisters. Napolitano crafts a story that spans generations, exploring the enduring loyalty that binds a family and the resilience required to mend shattered connections.*

*Did You Know? The Trumpeter Swan is the largest water fowl species on the Continent. They weigh in at 26 pounds with wing spans exceeding 7 feet. At one time around 1918 they were becoming extinct. There were only 69 known in the Greater Yellowstone Area. But with aggressive intervention and Migratory Bird Protection laws enacted the swans have made a comeback. Today it is estimated that there are 63,000 birds in North America. Of that area, the birds in the US still face threats. There are about 923 birds in the Rocky Mountain Population (RMP) and of those 185 are in Wyoming. Efforts continue today to preserve, protect and grow the population of these beautiful majestic birds.*

*(Source: Wyoming Wildlife Magazine January 2024)*



*“See you” next month, stay safe. If you have tidbits, news to share, let me know  
Flo*



*Happy Valentine’s Day*