

GFWC X-JWC

Member of the General Federation of Women's Clubs
GFWC.ORG



HOTLINE

FEBRUARY 2019



It's February – already! Lots of things going on this month -- celebrations, holidays and events to participate in and people to recognize.

February 1, the first Friday in February, is always **National Wear Red Day** to bring greater awareness to heart disease, the leading cause of death for women, AND also the beginning of **American Heart Month**. Nine out of ten women have at least one risk factor for heart disease. Age, family history, life styles and habits all play a role. Learn your risk factors and take care of yourself!

February 3, **Super Bowl Sunday**. GO BRONCOS – just wait 'til next year!



Valentine's Day, February 14 – no explanation necessary! Enjoy those chocolates but in moderation -- see above!! 😊

February 15 -- Some states recognize **Susan B. Anthony's** birthday, February 15. She was known for promoting women's rights and starting the women's suffrage movement in the United States. Born in 1820, she devoted most of her life to anti-slavery and women's rights, including the right to vote. She died of heart disease in 1906. In 1920, the "Anthony Amendment" to the U.S. Constitution (19th amendment) gave women the right to vote. She was the first American woman to have her likeness on a U.S. coin

February 18, the third Monday in February, is **President's Day**, to honor U. S. Presidents. Originally established to celebrate George Washington's Birthday (February 22) it was made a federal holiday in 1885. In 1971 the holiday was moved to the third Monday in February. Raise your flag to honor those who have led our country!

Other notable **February birthdays**.... Club members **Fran Fooks** and **Jean Oxley** February 10 and **Phyllis Duncan** Feb 20! **Happy Birthday!**

CLUB NEWS

Sad to See Her Go

We are very sad to report that **Mitzi Joiner** has resigned from X-JWC. She and her family are moving back to Kentucky. We loved having her as part of our club and wish her well.

Education, Caroline Turbiville

Exciting things are happening with the committee! I applied for and we received a \$200 GFWC Focus on Literacy grant! The club voted to match up to \$200 from our King Soopers money so we had \$400 to split between the 5 schools where X-JWC members volunteer. The librarians and teachers were happy to receive \$80 to purchase books. Details will be available later as to how the money is being spent.



Education chairman, Carolyn Turbiville, presenting a check to Alta Vista Librarian Wendy Stone. Within a week, Wendy had \$80 worth of books ordered.



March 2 is **National Read Across America Day**, a day to celebrate our favorite activity. The day was

established by the National Education Association in 1998 to help get kids excited about reading. It is also Dr. Seuss's birthday. This year it will be celebrated Friday March 1.

Each member is asked to participate in an activity that day. Some suggestions are: Donate a book (school, preschool, day care, hospital, etc.); read to a child anywhere, (school, daycare, etc.); read to an adult who can't read anymore, even if it's the newspaper, or come up with your own idea. We hope many of you will participate and remember to let me know what you do!

Volunteers, please be keeping a record of your hours.

We're still collecting **Box Tops for Education**.

Conservation, Jenny Mullin

Jenny is still collecting your spent batteries which she delivers to the Hazardous Materials section at the Sanitation Department Transfer Station.



Rooted in Cheyenne – one of X-JWCs projects for our International President's **7 Grand Initiatives** and also a Conservation CSP project. X-JWC members voted to donate \$300 from the King Sooper's fund to Rooted in Cheyenne.

Their mission is "to re-establish a long-term tree planting program in

our city to help support a more diverse and resilient urban canopy and cultivate greener, healthier, more livable neighborhoods.” A non-profit organization, Rooted in Cheyenne works in partnership with the Cheyenne Urban Forestry Division, led by a volunteer Board of Directors, dedicated to improving Cheyenne’s urban forest. A wonderful program for our community! More information available at RootedinCheyenne.com.

Martin Luther King Jr. Day



Another of our GFWC International President’s **7 Grand Initiatives** is to honor the Day of Service on Martin Luther King Jr. Day – January 21. **Home Life Chairman Katharine Van Dell** organized our club, the Optimist Club and GFWC Women’s Civic League to provide refreshments for those marching from the Cheyenne Depot to the Wyoming State Supreme Court Building. 12 club members provided dozens of cookies for the marchers. Some joined in the march and stayed to listen to the inspiring speeches.

Literary Bev Campbell
Friday Feb 15, 2019, 1:00, at Bev Campbell's house. Come join us to share friendship and information

about the latest book you read. Even if you haven't read a book lately, it is fun to hear what others have read and enjoyed which will help you pick up a book you might enjoy.

Membership Bev Campbell
Members!! We have only recruited 2 new members this year and it is February already! I know all of you have friends and acquaintances that you could invite to check out our club. Please, **pretty please**, ask someone who you think might like to share the same interest in our club that you do. At one time we were down to 36 members and we sure don't want that to happen again. Other than asking them to attend a meeting with you, I would visit them and ask if they would be interested in more information about joining our club and if they seem interested I will do the follow up work for you. Sooooooooooooo please give it a try! Who knows, there might be a nice surprise for you if a new member is sponsored by you. (That is called bribery in case you didn't know.)



ESO Norine Samuelson
What is ESO, you might ask? Epsilon Sigma Omicron is a structured reading program where members work their way through different levels, reading a designated number of books in different categories.

ESO encourages us to read in areas we may not normally choose –

expand our horizons so to speak! If you read to your children or grandchildren or participate in X-JWC's school reading program you can count those books under the Reading to Children category. Books in just about any category you can think of count toward the ESO reading program. A very short report on each book read – author, title, did you like it, etc. is part of the program.

Ask Norine for details – she's an expert, having read well over 1000 books herself! (Totals accumulate year to year.)

BUNCO February 12, 12:30, Grandma's Pickle Parlor. Sign up sheet will be at the luncheon check in table



NEXT MONTH REMINDER

Dues of \$38.00 for 2019 – 2020 club year are **payable in March** and are delinquent after May 31st. Checks made payable to X-JWC go to Treasurer Joanne Bassett.



SATURDAY APRIL 13 X-JWC Sock Hop fundraiser!

Details will be coming from Karen Lee along with the opportunity to sign up to help! Don't be square – plan on burnin' rubber to make the scene at the Moose Lodge!

COMMUNITY IMPROVEMENT PROGRAM Cheyenne Animal Shelter



Karen Lee will be making treats for the animals at the Shelter using her own special recipe. They were so popular last time she delivered them that she's been encouraged to bring another batch on down!

A PIECE OF GFWC HISTORY



GFWC can lay claim to many prominent clubwomen such as **Margaret Chase Smith**, a longtime Republican politician from Skowhegan, Maine -- first woman to earn election to both the House of Representatives (1940 – 1949) and the Senate (1949 – 1973). An independent and courageous legislator, a member of the Armed Services Committee, Smith passed her landmark legislative achievement in the House: the Women's Armed Forces Integration Act. With a wartime peak enrollment of about 350,000, women were still considered volunteers for the armed services and did not receive any benefits. She was a strong advocate for equal treatment of women in the military. In the 1940s she co-sponsored the Equal Rights Amendment. In 1943, Smith was appointed to the House Naval Affairs Committee and made a 25,000-mile tour of bases in the South Pacific. She became the first and only civilian woman to sail on a U.S. Navy ship during WWII. An amazing woman, a member of GFWC who volunteered, served, and contributed so much during her lifetime. She died in 1995.