

GFWC-W November 2016 News Blast

Bloom Where You Are Planted



From the President—Leslie Jo Gatti

Dear Wyoming Club Women,

Happy New Year! Now the work really begins. Hopefully, all Club Women have made a resolution to faithfully keep track of ALL of your volunteer hours in the appropriate projects. Your Club program chairmen and Club presidents will love you for it!

All Club Presidents should have received your State Reporting Forms. If you have NOT received them, contact me immediately. The Reporting forms and accompanying narratives must be received by the Dean of Chairmen, Mary Lee Dixon, and myself by February 1st. We have deadlines from GFWC National Headquarters that we must adhere to also. If you have any questions, please, ask. Your Past Club Presidents, Program Chairmen and Officers have all done reports. We are all willing to help. I am looking forward to reading all of the reports, especially those in my three areas of concern: Veterans, Literacy, and Spay and Neuter programs.

There is a Winter Board Meeting on Saturday, January 20. It will be held at the Cheyenne Library Willow Room, 2200 Pioneer Ave. The meeting will begin at 10:30am. There will be a no-host catered lunch, costing approximately \$10. Topics to be discussed will include the 2018-2019 budget, upcoming State Convention in Cheyenne, Nominating Committee, Conservation Runway Challenge, Membership Award change recommendation for next year, and Reporting. If you have other topics you would like discussed, let me know so they can be placed on the agenda. Please, RSVP to Mary Lee Dixon or myself by January 17 so Mary Lee can have a headcount for lunch.

I want to thank all Club Membership Chairmen for doing a wonderful job. The total State membership currently stands at 463 members. That is an increase over last year. All Clubs are to be congratulated! Recruiting can be difficult because we know what we do. But sometimes we forget to let others know how wonderful we are. Ask everyone. Occasionally a good friend might say, "I've just been waiting for someone to ask me to join." Don't let that happen, ask!

If you are interested in learning more about GFWC Legacy Women's Club, let me know. It is a national Club for GFWC members who are 2nd or 3rd (or more) generation Clubwomen or members who are related to other Clubwomen. Dues are \$30 for two years. We already have three members from Wyoming. I know others are out there. There are no required meetings.

If reporting is overwhelming you, take a moment to watch a silly cat video or to ask me about my little dogs. You'll feel much better.

Yours in Federation,

Leslie Jo Gatti

GFWC Wyoming President

International Outreach- Trish Peoples

Did you know that International Women's Day is March 8? So why am I telling you now? Because now would be a great time to get your clubs motivated to make an impact on that day. One incredible option is to buy a share of Women's Empowerment at Heifer International. Your donation of \$100 will buy a share of the training and assistance for women in need. Honor someone special with each share you donate!

Leadership Chairman—Carolyn Turbiville

Time to think about someone attending LEADS Program at International Convention- Contact Carolyn Turbiville or Leslie Jo Gatti for information.

GFWC Leadership Education & Development Seminar (LEADS)

The GFWC Leadership Education and Development Seminar (LEADS) program is intended to identify GFWC members at the grassroots level who have the potential and the desire to assume leadership positions in GFWC beyond their club. Participation in LEADS can help these members gain the capabilities, confidence, and commitment necessary to pursue and achieve higher office and serve with distinction. The LEADS program is held annually the day before the official opening of the GFWC Annual Convention. It is a full day of activities, and includes breakfast and lunch.

It is highly recommended that each State Federation LEADS candidate meet the following criteria:

- Demonstrates leadership capabilities at the club level as an active club president, club officer, or club project or committee chairman
- Exhibits a commitment to the Federation
- Exhibits an understanding of the GFWC mission of community service, illustrated by programs and projects in which she is or has been involved
- Demonstrates leadership skills, including, but not limited to, organization, responsibility, trustworthiness, enthusiasm, and flexibility
- Exhibits an interest in and willingness to pursue higher leadership positions in GFWC
- Agrees to share information gained from participation in LEADS with others in the state federation
- Understands and accepts potential expenses involved in participation
- Has not held elected positions at or beyond the state level (this criterion is recommended in order to encourage potential leaders at the club level to apply)
- Has not attended a previous LEADS program. Members are eligible to attend only once

GFWC will cover a portion of the attendee's expenses including:

- Stipend of \$250 for travel and \$168 for lodging. Checks will be distributed to candidates upon attendance and completion of the seminar.
- One-half of room charge for two nights at official Convention hotel
- Breakfast and lunch during the LEADS program
- \$10 Gift Certificate (on purchase of \$15 or more) for the GFWC Annual Convention Marketplace

State federation may consider underwriting a portion of attendee's expenses. LEADS attendees are expected to be responsible for a portion of their expenses as an affirmation of their personal commitment. LEADS participants are responsible for making their own travel and lodging arrangements.

Applications (2 forms) can be found on GFWC Wyoming or International GFWC websites. Please return to Carolyn Turbiville 2010 Rayer Ave, Cheyenne, WY 82001 no later than March 1, 2018.

Last year, Marcia Volner, from Rock Springs attended. Let's get lots of applications as we have many ladies who are future leaders in Wyoming GFWC.

State Writing Contest Chairman- Marcia Volner

The due date for the writing entries is February 1st 2018. My address is 3421 Monterey Drive, Rock Springs, WY 82901. Entries may be e-mailed to mvwycoff@gmail.com. Remember to include your creative arts waiver.

Junior Special Programs-Marcia Volner

I am anxious to read all of the reporting that has been done in this area. Make sure it is sent to the state by February 1st. The reports for this area are sorted out and then sent on to me. Please fill out the data page on hours, money and in-kind donations as well as including a narrative on your projects. Don't leave me hanging! I want to know the who, what, where, when and why of your projects. I would love to have a spectacular one to send on to national.

GFWC-W Membership- Wendy Owen

Greetings to all my wonderful GFWC Wyoming club sisters. I want to wish you all the Happiest New Year Ever.... I hope all is going well with your clubs and of course your personal lives as well. I just want to take the time to thank you for all that you are doing to keep our fantastic State Federation alive and growing.

I would like to ask all club Presidents to visualize membership as a large puzzle and all members throughout the state as a piece of that puzzle. (This would be a great thing to do for your next club meeting. Buy an old jigsaw puzzle, maybe with larger sized pieces and hang out the pieces to each member at the luncheon. Tell them how important each piece of which they are one is to your club and to our state and international organization. Tell them that with missing pieces we cannot be whole and we cannot accomplish the programs and volunteer opportunities we want to for the citizens of our cities, states, nation, and world. Take time to celebrate your members in special and appreciated.

Don't forget to keep thinking about those new members and growing our membership. Consider holding a membership event sometime this Spring and send me an email with your ideas.

Happy Winter into Spring and Happy GFWC-Wyoming

WAYS & MEANS COMMITTEE CHAIRMAN- KAREN LEE

It has been a successful year in the fundraising department for X-JWC. Thanks to the efforts of our membership, our Texas Roadhouse Luncheon brought a nice profit. Our CIP for this year is Children's Museum, and a donation to their cause will be given this year before we break for the summer. Other fundraisers that were are busy with are the bunny raffle quilt, bingo, and our 1st 50's sock hop. Again, thus far, things are going well for fundraising for X-JWC in Cheyenne. Keep up the good work members!

PHOTO CONTEST-Bev Campbell



One of the categories for the photograph contest at state convention is “volunteer” photos. Our clubs do so much for their community that I know there has to be a lot of pictures taken that can be entered in the contest. This picture is from X-JWC when they delivered 24 blankets to the highway patrol to carry in their car during the winter months. They use the blankets to provide protection from the wind and cold when they come up on a vehicle accident. Please brag about your volunteer work with pictures and who knows, maybe your club will win some GFWC prize money for your

club! You can go on the State website to print out a copy of the entry form and rules, or send me an email at bevrogercampbell@gmail.com or go to the national GFWC.org, Questions, call Bev Campbell 307-634-4483.

MEMBERSHIP ART ENTRY FORMS-

The updated Membership Art Entry Forms and Contest Rules will be on the Website very soon. I will be sending out to each of the Club Presidents a copy of the forms for their members. I challenge all of the clubs to submit more entries than you have in previous years. There are a large variety of categories in which to enter so all of our talented members can qualify. I am always available for questions or concerns.

mabandit@aol.com and/or 307-630-7246.

WRITING CHAIRMAN-Marcia Volner

The due date for the writing entries is February 1, 2018. My address is 3421 Monterey Drive, Rock Springs, WY 82901. Entries may be emailed to mvwycoff@gmail.com . Remember to include your creative arts waiver.

JUNIOR SPECIAL PROGRAMS-Marcia Volner

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Homelife



Canine Companions for Independence (CCI) has long been a GFWC Partner. At our International Convention in Palm Desert last June CCI had a booth, as they always do, with information and CCI dogs – both live and cute little stuffed dogs. At our meeting in Cheyenne on January 20, I'll have a couple of the stuffed dogs (black Lab and a Golden) that I picked up in California and we'll figure out what to do with them! Soooo cute!!

January is Human Trafficking Awareness Month. The National Center for Missing & Exploited Children estimated that, in 2016, one in six endangered runaways reported they were likely sex trafficking victims. Visit <https://www.dhs.gov/blue-campaign> for information on this serious world-wide problem!



The Inside Knowledge: Get the Facts About Gynecologic Cancer campaign educates women and health care providers about the five most common types of gynecologic cancer: cervical, ovarian, uterine, vaginal, and vulvar. This initiative was developed by the Centers for Disease Control and Prevention and supports the Gynecologic Cancer Education and Awareness Act of 2005, or Johanna's Law, passed unanimously by Congress in 2006, and signed into law in 2007.

Visit <http://www.cdc.gov/cancer/knowledge> for information.

National Heart Month – It's not too early to start planning to recognize February as National Heart Month! Visit the website www.goredforwomen.org for ideas on how to spread the word about how women can prevent heart disease. **Wear red on Friday February 2!!**

Join the #GoRedGetFit Facebook group and begin a healthy lifestyle journey that positively impacts the way you look and feel, inside and out! #GoRedGetFit is a quarterly health and fitness challenge that combines nationally known and influential celebrity fitness trainers with the power, influence and encouragement of real women like YOU!



Check out the Home Life Community Service Program (gfwc.org) for more information on www.hearttruth.gov with downloadable resources.

A few years ago at another International Convention there was a fashion show of members dressed in red who had a story about their first hand knowledge of heart disease which was told during the fashion show. It was a really good program! Something maybe you could easily do in YOUR club!

ESO Challenge:

"Unless someone like you cares a whole awful lot nothing is going to get better. It's not." – Dr Seuss, The Lorax

Just For Fun:

What Color is the wind?

December answer: What is the best present you can receive for Christmas? A broken drum – you just can't beat it! (groan)

