



KALEIDOSCOPE

January 2022

President's Message

Pam Hendricks



HAPPY 2022!!

I would like to thank everyone for the donations that were collected at the Christmas House Brunch. We were able to write checks to the Salvation Army and the Animal Shelter for \$165.85 each. Linda Stowers and I delivered those checks to both on December 17.



Also, our CGC committee have received several grant applications. They will be meeting to determine who will be receiving our hard-earned money. The 1st CGC meeting will be on January 25th so save the date.

At our board meeting we voted to give \$50 to the GFWC State Endowment in memory of Linda DeMartine. She will be missed.

I am looking forward to hearing what all our committees have in store for us in 2022. Please support the committees and join their meetings by bringing them all your super project ideas. WCLC always is such an asset to our community, and we can make a difference. As I am looking to do my President's report, I have realized that we do a tremendous job of volunteering.

PEACE, PAM



Corresponding Secretary

Brenda Hart

December Correspondence

Sympathy: Linda Demartine Family
Connie Hein, father passed away

Get Well: Marie Harvey

Second Vice-President

Lucy Pauley



January Membership Meeting

January 12, 2022, at the Cheyenne Country Club. Social hour will start at 11:30 a.m. with lunch served at noon. The program will be The History of the Girl Guides by Dan Lyon.

YEARBOOK CHANGES

Yearbook Updates/Corrections for 2021-22

Nancy Black-Campbell's new address is 4704 Storm Ct., 82009

Joanne Mill's new address is 2350 Limon Dr. #118, Ft. Collins, CO 80525

Add *Lifetime Member* to Mary Weppner's address

Remove Joyce Bailey as Administrative Assistant under Christmas House information

Joyce Bailey e-mail address joyce.bailey33@gmail.com

Jennifer McLaughlin's email address should be jennbillmc83@gmail.com

Valarie Finch's email address changed to vfinch@carpetonecfi.com

Robin Truax's email address should be robint516@yahoo.com there's a "t" in there

New Members

Julie Fleming
8508 Granada Trail
Chey WY 82009
cell: 404-281-3530
birthday: Dec. 22
email: julie@juliefleming.com

Keri Anne Simalek (spouse Gregory Walling)
303 Arkel Way
Chey WY 82007
home: 307-426-4143
cell: 573-714-5883
birthday: Dec. 22
[email:keriannesmialek@gmail.com](mailto:keriannesmialek@gmail.com)

Judy Moss
6134 Shaun Av
Cheyenne, WY 82009
judymoss@live.com
phone: 307-401-3341

Delete:

Sue Bernard, Active Member
Bev Havens , Active Member
Marsha Tempte, Active Member
Fran Smyth, Active Member
Linda Demartine. Active Member
Connie Stearns, Active Member
Claire Snyder, Active Member

YOUTH AND FAMILY SERVICES

A meeting will be planned for early February. If you have any project ideas, please let me know. Have a wonderful 2022! Judy Lissman, 307-575-1102 or email at jlissman1@gmail.com

SPECIAL NEEDS

We want to thank everyone for purchasing gifts and gift cards for the Special Needs Christmas gifts. We were able to provide gifts to 139 individuals with disabilities. The total amount in gifts and cards was \$3167.00, We received \$500 from Walmart and \$700 from Krystin Brinker, a mental health therapist in Cheyenne. So, the membership gave an equivalent of \$1967. Thanks again for all your generosity. We will be having a meeting soon to discuss how to disperse our money this year. Lucy and Cheryl

ESO

The Book scheduled for January is Cilka's Journey by Heather Morris. Meeting is at 9:15, Barnes and Noble, on January 24th. Don't forget to send your list of read books to Lucy Russell.

GFWC-WYOMING

Happy New Year! For the next two months, Club Presidents and the GFWCW Board will be busy compiling reports on all the projects GFWC women accomplished this year. Once we've finished and taken a deep breath – we won't stop. April 23, 2022 will be the Run/Walk for Robbie's House – the NAMI Clubhouse project in Laramie – to support mental health awareness and prevention. Watch for how you can get involved. April 29th and 30th will be the GFWCW State Convention in Thermopolis so save the date. Mary Beth Williams, GFWC Treasurer, will be our guest. We plan this to be informative and fun! New officers will be elected and installed. Nancy

ENVIRONMENT COMMUNITY SERVICE

Last Call! If you have **Christmas lights** you want to get rid of, please have them to Phyllis Salzburg by the end of January so they can all go to be recycled. Drop them off at my house or call for pick up.

Cheyenne's Greenway – Did you know the Greenway serves as a key component of non-motorized transportation in Cheyenne? You'll often see snow removal taking place on sections of the Greenway so people can still get around town after snow fall. Today, with over 45 miles connecting neighborhoods and schools, it is a critical part of the City/County infrastructure. "Right now, we have pretty much everybody in Cheyenne, within the city proper, is within a half of a mile of our Greenway Connection," according to Jeanie Vetter, Greenway and Parks Planner. Who knew 30 years ago what a great addition the Greenway would be to Cheyenne, started by a group of dedicated volunteers!

Phyllis Salzburg, Chair

MILITARY OUTREACH

Warren Spouses' Club and GFWC Women's Civic League of Cheyenne stuffed 36 stockings with goodies and homemade mini loaves of quick bread for the Cheyenne VA's Residential Recovery Treatment Program and the Intensive Community Mental Health Treatment Program. Thank you to everyone who donated items and to those who came out to stuff the stockings!

Thank you to everyone who participated with the Christmas Stockings for the VA. You helped brighten a veteran's holiday season.

The 5th annual Valentine's Day Cookie Drive for the Airmen in the Dorms is being held on Wednesday, February 9 (community drop-off) and Thursday, February 10 (plate assembly and distribution to the dorms.) The base access protocol has changed, so I am still looking into how getting members on base will work. The good news is that this year's cookie drop-off date coincides with our February WCLC luncheon, so members can bring their cookies to the meeting. The Sign-up Genius will be posted early next week.



HEALTH AND WELLNESS COMMUNITY SERVICE PROGRAM

Welcome all to 2022. We can only pray this year will be much better than last year!!!! We would like to encourage all members this month to take care of yourself, your physical and your mental health. Next month we will focus on your physical wellbeing as we celebrate National Heart Month. This month we would like to encourage everyone to focus on your mental health.

It has been such a difficult time for all of us and our families. We are struggling, our children are struggling and our grandchildren are struggling. It is so difficult for all of us to see these struggles and to feel helpless to find solutions. All we can do is pray a lot, be there to support however we can and to get through this. It is difficult however to care for others if we are not taking care of ourselves so please take this month to do just that. Take time to meditate or pray each day, take time to exercise and get some fresh air each day, make sure you are doing your best to get the best sleep you can and do your best to be positive and supportive to all around you.

As we start a new year, get inspired to get your life in order..... At the age most of us in the club are, it is time to seriously think about getting our lives organized. Consider going through your drawers, closets, attics, and those catch all rooms that you have been ignoring for the last 5 years. Just do a little everyday and you will be amazed at how quickly those messes are cleaned up and it makes you feel so much better. Please consider recycling your things no longer needed. It is so easy to load up those size 8 jeans you can no longer wear and drive them through the Goodwill drop off center so someone else can get good use of them. If we start now I think our homes can be cleaned and decluttered before it's time to start working in our yards this spring.

Please also consider starting a journal to help you get through this difficult time. It can be a simple journal in an old notebook where you can write down your thoughts and concerns or maybe you just want to make it a journal of creative expression with pictures of what makes you happy. YouTube has so many journaling sites that can help get you started. It will be so good for your mental health. Journals are a way for us to process our emotions. Start by making a gratitude list, list ideal ways to spend your day, list your daydreams and places you might want to go. You can list things that make you happy, reasons why you love someone, or your goals and dreams for 2022. It is also fun to create a list of your favorite quotes to disperse here and there throughout your journal. The ideas are endless, and everyone should do it their way. No judgment. It should be whatever makes you feel good, whatever fits into your lifestyle. We will call it the "Peaceful Mind" Journal for 2022.

So welcome to 2022, please be kind and considerate to everyone around you because everyone is struggling!!! Our committee wishes all WCLC members and their families a Happy and Healthy New Year.

CIVIC ENGAGEMENT AND OUTREACH SERVICE PROGRAM

Civic Engagement and Outreach still needs a chair for Crime Prevention, Safety and Disaster Preparedness (there is a lot of info to pass on to our members) and The Needy, Hungry and Homeless (opportunities to work with our other committees to meet the needs of those hurting, without food and housing).
Thanks, Pam Crochet

ARTS, CULTURE AND OUTREACH COMMITTEE



Happy New Year!!

We are really excited about our first 2022 Arts, Culture and Outreach Committee meeting! Cathy has something special planned for our first meeting, **time and placed TBA!** Some hints.... "It ain't heavy," but..... Do you pearl or?..... Something in which members will want to metal.

Wait for it..... 😊

Cathy McMikle and Judi Loomis Committee Chairs.

CHRISTMAS HOUSE INFORMATION

Consideration of change in Christmas House ticket obligation

The Board was asked to consider changing the Christmas House ticket obligation for associate members to be the same as that of active members.

This would be a \$30 obligation, an increase from \$15. Currently associate members receive 2 house tickets (\$6 each) and 3 raffle tickets (\$1 each). Active members currently receive 4 house tickets (\$6 each) and 6 raffle tickets (\$1 each) for \$30.

A few years ago, active members' dues were increased from \$35.00 to \$50.00. Associates' dues remained at \$50.00. The rationale was that since associate members had fewer membership requirements than actives their dues would be higher. Associate members still had a Christmas House ticket responsibility, but they paid less than active members since they paid more in dues.

A few years ago membership dues were increased. All members, actives and associates, now pay the same dues of \$50.

All members, actives and associates, are required to support Christmas House, our one annual fund raising event. The Board recommends the change such that all members have the same tickets requirement and asks for member consideration.

If you have any thoughts regarding this change, please let one of your Board Members know your feeling.

SOCIAL GROUPS

Gourmet will be meeting on starting up again this month. Group #3 will be sending out a menu. January 26th is the schedule for this month. Your group leader will be in touch with you regarding your meeting place. Bon appetite!

Afternoon Bunko will also start this month, January 24th. Look for an email regarding further information. Get ready to roll!

NEEDS

DON'T FORGOT TO BRING YOUR PEANUT BUTTER AND JELLY TO THE MEETING!!!



SOCIAL MEDIA

As we continue to try to use email to keep our members informed, please be sure to allow WCLC members group email in your email settings. You might also periodically check your spam folder for emails from WCLC

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GFWC Women's Civic League of Cheyenne

Please keep the community posted on what we are doing with Civic League. Help tell a story by emailing or texting Joyce Bailey photos! Free advertising and a greater reach than TV or Newspaper!

GFWC Women's Civic League of Cheyenne

Pam Hendricks, President
Denise Lathrop, First Vice-President
Lucy Pauley, Second Vice-President
Meredith Dexter, Recording Secretary
Brenda Hart, Corresponding Secretary
Linda Stowers, Treasurer



Kaleidoscope

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