

LARAMIE WOMAN'S CLUB

VOLUME 11 ISSUE 5

Karen Bard, LWC Interim Editor 2021-22

January, 2022



GENERAL FEDERATION of WOMEN'S CLUBS

Great Fun While Celebrating

www.gfwc.org

Happy New Year!

It is the time of reflection and making resolutions for change in the New Year. I can only wish that you have a wonderful year and that the best of last year is the worst for this year. In that wish, every year will be better than the last.

We all set goals for our year and strive to achieve them. I know I set them for me personally and for me in my 'retired professional life'. We all have our volunteer activities and strive to do our best with our limited time and resources. I am very proud to be part of this organization where I see so many giving and thoughtful women who are so humble in the things they do for others.



This organization has such a rich history and so much to be proud of. I, for one, can only hope to live up, in some small way, to those that have served before me.

And that is a great Segway into congratulating Lorraine Saulino-Klein on her nomination as an Un-sung Hero. Also, our President-elect, Trish Peoples, was also nominated in Cheyenne.

The articles in the papers about these women were amazing and highlights much of what they do. What a great example for all of us.

If you missed them look back through your email and you will find emails from me with links to the articles.

January Meeting

Thursday January 13th

Noon Lunch

1 pm Presentation – Al from Bart's -

1:30 Business Meeting



Remember it is a pot luck format, but you can bring your own lunch if that is what you prefer. If you don't bring a dish for the pot luck but partake anyway, it is \$8 donation to the club. Or if you prefer you can come at 1 pm for presentation and the

following business meeting.

The best and most beautiful things in the world cannot be seen or even touched – they must be felt with the heart.

Helen Keller

Hostess Responsibilities

We have so many new members and many of our hostess volunteers are doing it for the first time. Set up and lunch are going very well. But we have a bit to do to make sure we put the Alice Hardie Stevens Center back the way we found it after the luncheon. To help there is a

book in the closet that has all the responsibilities listed out. And the Hostess team is responsible for decorating the tables. There are many decorations to use in the closet to help keep costs down. If your name is the first one listed in the booklet, you are the head hostess and need to coordinate your team, find replacements of your volunteers can't make the meeting for any reason. Or reach out to an officer for help if needed.

There are red Hostess Aprons in the closet. Please wear them so that people know who the hostesses are if they need assistance.

What Does a Hostess Do After a Meeting and Why is it Important?

Laramie Woman's Club has been doing a great job of getting ready for our monthly meetings. Now we need to improve our clean-up as we give the meeting areas back to the mansion staff.

All the hostesses for the month need to stay after the meeting and plan to leave together when all the clean-up is complete. That way you can help each other get done quicker. If you can't stay for your part after the meeting please find a substitute and give the sub's name to the Head Hostess before the meeting.

Here's the areas that need to be cleaned or tidied up:

1. Dessert Bar: wipe off crumbs.
2. All tables cleared of member items. LWC donations have been distributed to members to donate or are put in the closet. (We don't have to wipe down or sanitize the tables unless there's a huge mess.)
3. Microphone at podium is turned off. Flags are ok to stay where they are.
4. Kitchen: All member items removed from both kitchens. Refrigerators are empty.

5. Kitchen counters: All LWC items are back in the closet, zero 'unknown' items remain, and counters are wiped down. Call back members who've forgotten their items so the member determines what to do with their items. Items left in the closet have no guarantee.

6. Head Hostess needs to fill out the Hostess book and notify the next month's Head Hostess of needed items...ice, coffee, candy, etc. Hostess book is returned to the closet. Also, Head Hostess is responsible for taking all used dishcloths and towels home to launder them and return them as soon as possible to the plastic bins at the left of the sink. A clean, dry dishcloth can be placed at the sink as you exit.

7. As Hostess team is leaving all lights need to be turned off. Make sure doors are firmly closed. Mansion staff will lock them later unless you are advised differently. Head Hostess returns LWC closet key to the President. Head Hostess for the following month contacts President to make arrangements for pick-up of the key to the closet before the next meeting.

It's important we clean-up after our meetings because we always enter the facility which is clean and tidy and we need to make sure it's that way when we're done.

January is a great time to make changes for the better, all of us helping can get it done!

Annie Nelson

Things to Remember

- Spices for Interfaith
- Turn in your reading to Bernie Horst for ESO.
- Report your volunteer time for December
- Your two recipes for the Cookbook Fundraiser. Also submit tips to include or substitutions when you don't have what you need.
- Dimes for the March of Dimes
- Operation Smile

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It Goes Without Saying



Ladies, at our age we shouldn't have to deal with this but here goes.

Our social time is during lunch from the time you arrive to 1 pm when we start our program. It continues through the business meeting which starts at 1:45 or so.

We have been having issues with people talking and phones going off during presentations and the business meeting so here is your reminder.

No matter how you put, *put a sock in it*, *zip it*, *etc* we need to stop talking during program presentations and business meetings. I am asking everyone to assist in reminding others who might forget in a quiet, non-distracting way, especially during our programs. During the business meeting, I always have the option to use the gavel.

Interesting Factoids for the Month

- 8th – National Bubble bath Day
- 11th – Hot Toddy Day
- 14th – Organize your Home Day
- 18th – Gourmet Coffee Day
- 19th – Popcorn Day
- 21st – Hugging Day**
- 29th – Puzzle Day

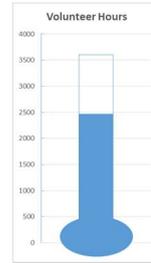


Welcome to New Members

Janice Pelton
169 W. Fremont St.
Laramie, WY 82072
(865) 654-6845
jpelton524@gmail.com

Kathy Nash
1807 E. Park Ave.

Volunteerism



For the month of December our members reported 460 hours of volunteer time.

That brings our total up to 2468 for this year.

Remember if you aren't at the meeting to report your volunteer time, please send an email to kcbard@charter.net so that we can include your time in our reporting.

Committee Reports

Health & Wellness

LWC members wrapped up 2021 with a number of contributions to our community. 110 holiday-print placemats were delivered to the Eppson Center's home meal delivery program. Another 12 placemats were delivered to Hospice for their patients. Thanks to member Lorraine Saulino-Klein for sharing the delight of one of the recipients, "I help a 96 year old with shower and hair each week. She is a friend of mine. She was so delighted with her surprise of a beautiful placemat from the LWC. She even removed her plate to show me it was reversible. You delighted my friend with your kindness and skill. I thought you might want to pass this on to the members. Merry Christmas, Lorraine".

33 knitted and crocheted baby hats plus 6 premie octopi were delivered to Iverson Hospital. These were met with oohs and ahs for their cute designs. The next stop was to the Cancer Center where 4 sewn chemo hats were dropped off. With colder weather, there will be an increasing need for chemo hats as patients will wear them within their homes to stay warmer.

Five darling baby quilts were sewn and given to the WIC (Women, Infants & Children) program. Expectant mothers will appreciate having a new baby quilt for their newborn. Each quilt takes from 15 to 20 hours to complete.

Lastly, another QPR/Suicide Awareness training was organized by Laramie Cares, with the support of LWC. If you are interested in volunteering in the Talk and Text suicide prevention crisis line, or other support areas, send your inquiry to: Volunteer@laramiecares.org. If you know of someone who is troubled, they can contact Talk and Text support at [1-307 977-7777](tel:1-307-977-7777).

LWC participants in these programs included Bonnie Braisted, Linda Cavalli, Mary Guenzel, Sharon Hand, Bernie Horst, Lorraine Saulino-Klein, Janine Kropf, Mary Fick Monteith, JoCarol Ropp, Betty Wills and Sharon Yovich. We'd love to have you join us in 2022 with your ideas and talents.

Mary Fick Monteith

Environment

With all the plastic bags brought in for use at the LPM Christmas Sale we had over 240 bags re-cycled. A few others reported using green bags and thus not using plastic at all.

Thanks to all for keeping the plastic out of the landfill just a little while longer.

Louise McGraw

Education & Libraries

Thank you to all the ladies who donated a book(s) to the Christmas drive at our December meeting. 28 Books were collected and donated to our Free Little Libraries.

ESO

November books read 277 by 11 members, December 310 by 4 members. Total books read

for 2021 are 2029. The goal was set for 1200 so we surpassed our goal by 829 books.

Bernie Horst

Correspondence and Birthdays

Happy Birthday to Billie Hofferber (8), Margaret Arth (9), Jackie Gonzales (17)

Cards were sent to Karen Polis, Wanda De Cora and Luella Flores

A thank you was sent to Dr. Troy Knob for donated toothbrushes for homeless students.

Linda Cavalli

Message from Crystal

I got a message from Crystal. She says that both she and Aubree are working and Aubree starts classes soon. They are enjoying warmer weather and the long fall. They only recently got their first winter weather. They miss Laramie and everyone there but they have both been able to connect with family and that has been wonderful. Hugs and good wishes for a great year.

Crystal

Future Events

Bunco – Tentatively March 20th - Lynda will not be able to run Bunco this year so we need help.

Anyone who has helped run Bunco in the past, can you please consider stepping up to the plate and taking a leadership role in making this happen.



April – 23rd Robbie's House Fund Raiser

Karen C. Bard, President

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