



KALEIDOSCOPE

October 2023

President's Message

CLAUDIA WILEN

The month of October wears many colors: Purple for Domestic Violence, Blue for Bullying Prevention, and of course, pink for Breast Cancer Awareness. I encourage you to wear one or all of these colors at our Wednesday meeting in recognition of these on-going issues and the efforts being made to address resolution. We will be a colorful bunch!

Our participation in the GFWC first annual Day of Service was a huge success! Six sister clubs in SE Wyoming collaborated in this endeavor. There were 27 ladies in attendance with 18 WCLC members working the production lines. In less than 2 hours 10,652 meals were packaged with 1560 going to a Laramie food bank and the remainder distributed to 6 food banks here in Cheyenne. We want to thank the local Edington Foundation for funding the greater cost of this effort, but it was the great group of ladies who made the day fun as well as meaningful.

Good news for those of you who have been to the eye doctor in search of a stronger prescription to read the bylaws in the new yearbook. The entire bylaws and standing rules document can now be found on the WCLC website---in a larger font! Check it out at www.womenscivicleaguecheyenne.org

A number of our members traveled to Riverton this past weekend for the GFWC-WY Fall board meeting and workshop. Topics ranged from an informative leadership workshop to fundraising, CIP, and an entertaining presentation on GFWC's strategic plan to name just a few. Kristin Riley, our state LEADS candidate also presented her takeaway from the LEADS workshop she attended this summer. We know she will be putting this information to good use as she takes over the reins next May.

Wendy Owen, chairwoman of Health and Wellness, has made a motion to use \$215 from our undesignated funds to support one child for an entire year through the Friday Food Bag project. The board voted to move this

motion to the general membership meeting for vote on Wednesday. Food insecurity remains a distressing problem even here in Cheyenne. We hope to have your support.

Hope to see you all on Wednesday, maybe even wearing a few Halloween outfits.

Claudia

Before You Speak...

THINK

T is it true?

H is it helpful?

I is it inspiring?

N is it necessary?

K is it kind?



VICE PRESIDENT

ROCHELLE TOLL

October 11 Luncheon, Cheyenne Country Club, 11:30. Members: Please respond to me via the electronic reservation system, e-mail or phone for all luncheon reservations, attending or not, guests, meal choice and any dietary requests.

Please note all Members shall pay for any meal reservation (this includes your guests) that is not canceled by the designated deadline, Sunday evening at 10pm, prior to the luncheon. The restaurants require a precise count. We will no longer be adding extra meals to be purchased after the deadline.

***CORRESPONDING
SECRETARY***

KRISTIE ACKERSON



9/6/23 - sympathy - Joan Carey - Husband passed away

9/15/23 - sympathy - Pat Stenbeck - Brother passed away

9/21/23 - sympathy - Lynne Carlton - Daughter passed away

YEARBOOK CHANGES

Changes to the 2023-24 Yearbook

NEW MEMBERS:

Lori Pallak '23
5120 Timberline Rd
Cheyenne 82009
Ph: 307-631-2063
Email: 2.precious@live.com
Birthday: 10/30
Husband: Jeffrey

Deanne Vogel '23
3006 Thomas Rd
Cheyenne 82009
Ph: 307-630-0104
Email: deannevogel@hotmail.com
Birthday: 2/27

(Be sure to add or delete the birthdays in the very back of the yearbook!)

RESIGNATIONS:

Linda McGuire
Linbo531@gmail.com

Melanie Conwell
mdconwell@gmail.com

Vicky Demshar

Vickydemshar66@gmail.com

DEATH:

Gloria Tafoya

Marlanorman5145@msn.com

CORRECTIONS:

Add (a) before the names:

Teresa Kunkel

Susie McHenry

Earlene Weaver

CIVIC ENGAGEMENT AND OUTREACH

Veteran's Rock, Blow Out Parking Lot Sale across the street from Veteran's Rock (605 S. Greeley Hwy), Saturday October 13, 10:00 a.m. – 2:00 p.m. Lots of stuff!

CIVIC ENGAGEMENT AND OUTREACH - CITIZENSHIP

This committee will report monthly on any news from GFWC International from their Legislative Corner.

Oct. 2023- This month they are encouraging all members to take action on the alert to increase funding for Meals on Wheels and reauthorize nutrition programs in the Farm Bill.

They are encouraging all clubs to take part in programs dealing with food insecurity in our communities.

GFWC International is also encouraging all members to STOP Online Sexual Exploitation. GFWC International has cosigned a coalition letter urging Senate leaders to bring a package of 5 bills to the floor. You can view this letter in the latest GFWC International News and Notes. They also encourage all members to look for a GFWC legislative alert in mid-October that is timed to assist with advocacy efforts coordinated by the National Center on Sexual Exploitation.

This Committee will also bring forward local legislative, and voting and citizenship issues important to our city and State monthly.

****PLEASE READ YOUR MONTHLY GFWC INTERNATIONAL NEWS AND NOTES AND TAKE THE ACTION THEY ARE ENCOURAGING US TO TAKE!!!! THANKS FOR YOUR HELP.**

HEALTH AND WELLNESS COMMITTEE

OCTOBER IS BREAST CANCER AWARENESS MONTH-

Please remember the importance of Early Detection. Get your yearly mammogram and do your self breast exams monthly.

Please see the attached information from the Wyoming Breast Cancer Initiative

This organization has funded the following services for breast cancer patients in our Wyoming Communities:

5,986 Patients have received navigation assistance.

890 Patients received gas cards.

1,360 Patients have received Breast Boutique Services

4,713 Patients have received breast exams.
2,041 have received screenings, mammograms & diagnostic testing.

If you would like to make a contribution to this very worthy organization, call Kelly Morgan at 307 630-7260 or send your contribution to P.O. Box 2541, Cheyenne, WY. 82003

ART AND CULTURAL COMMITTEE

The Arts and Culture Committee will be meeting on Tuesday, October 24th to view the "Street Art" and/or the murals on the buildings downtown at 10:30 am. We will be taking the trolley, there are 26 seats on the trolley so we would like to fill the trolley. The cost will depend on the number that sign-up. I know some of you have already signed-up. You will receive more information when it gets closer to the date. We will meet at the Chop House for lunch. We will meet at the ArtsCheyenne 1620 Thomes, the trolley will pick us up there There is free parking.

If you need more information, contact Sue Ann Shaffer or Marcy Helser.

ENVIRONMENT

Phyllis Salzburg, Chairman



GREENWAY CLEANUP

10 club members and one husband participated in the fall cleanup of our section of the Greenway on Sunday, September 24. It was a beautiful day and in a little more than an hour we filled about 10 large bags of trash for the City to pick up. We'll be out again in the spring, probably in May, if you'd like to join us then!

MILITARY

The Military Outreach Committee will be meeting prior to our Wednesday, October 11 luncheon at the Country Club at 10:30 am. Please join our fun group of ladies who support military members and their families in our community!

With winter weather quickly approaching and in honor of Veterans' Day, the Military Outreach Committee invites you to join us in supporting the Veterans' Rock. Veterans' Rock serves veterans and active duty, and their families and service animals. To have more space to provide support services to individual veterans, they are closing their thrift shop; however, they will still have clothing and items to start a home available to give to veterans and active duty in need.

How you can help:

*Attend the Veterans' Rock "Blow-out Parking Lot Sale"—Saturday, October 14 10 am-2 pm
614 S Greeley Highway

*Donate some items off their list of current needs for veterans:

****We will be collecting the following items at our October (it's getting cold now!) and November WCLC meetings:**

- ~size 10.5 tennis shoes
- ~sizes 8 & 10 winter boots
- ~Large and XL long john tops and bottoms
- ~ski masks
- ~XL winter gloves
- ~white and black tube socks
- ~large roller duffle bags
- ~fingernail & toenail clippers

**You can take small items for setting up a small apartment directly to the Veterans' Rock (605 S. Greeley Highway, Suite 1) Items they currently need are:

- ~recliners
- ~loves seats
- ~kitchen tables and chairs
- ~small dressers

*Volunteer as a needs advocate: help veterans obtain state IDs, VA benefits, SSDI, etc.
Contact Regina or Cindy at 307-514-0035 or veteransrockchey@gmail.com

Thank you for your support!
Carolyn Ritschard and Linda Hill

YOUTH AND FAMILY SERVICES

The Family and Youth Service committee will be having a short meeting on Wednesday, October 11 at the Cheyenne Country Club bar area at 11:15 to discuss our budget and ideas for the next year, Please come for discussions and suggestions before the regular meeting

SENIOR SERVICES

Senior Services Committee held a meeting on Wednesday, September 20th. Six members were present. It was agreed we would keep the 3rd Wednesday of the month, at the same time, for Senior Services meeting, as much as possible.

Leo Levensgood came to our meeting to explain the mission of Lion's Disability Transportation Service to us, to provide transportation to Laramie County residents who deem themselves disabled, can't use curb to curb Service, and can't get themselves out of their home to go somewhere, whether temporarily or permanently. They are looking for funding to buy ADA accessible vans.

Other projects were also discussed, included a tea at an assisted living facility, bunko with foster grandparents in the spring, and handing out candy to residents at Pointe Frontier for Halloween. Trish Palluck will call them and report to us.

Our yearly budget was reviewed, but not yet final, since our portion for 2023-24 has not yet been designated. This will be brought to the next meeting, on October 17th. Brenda Hart will chair the October meeting, since Elise will be out of town.

Respectfully,
Elise Johnson

M

ESO BOOK CLUB

ESO this month will be reading *Go As the River* by Shelley Read. We will be meeting October 30 at 9:15 am at the Boardroom. Hope to see many of you there.

SOCIAL GROUPS

GOURMET NEWS

The organizational meeting for gourmet was held on Friday, October 6 at Paris West meeting room. Group leaders and members were selected. Thanks to Maria Harvey, Linda Stowers, Phyllis Salzburg, Joan Finney and Pam Crochet who are the five group leaders for the 32 participants. Please contact Judy if you did not get an assignment for your new group.

We meet on the fourth Wednesday of October, January, February, and March or when your group decides to meet. Group 5 will choose the menu for October. *Steel Magnolias* is the movie theme for this month. Each month a group will choose the food to prepare based on a movie/TV show. Exciting times are ahead for our lovely chefs.

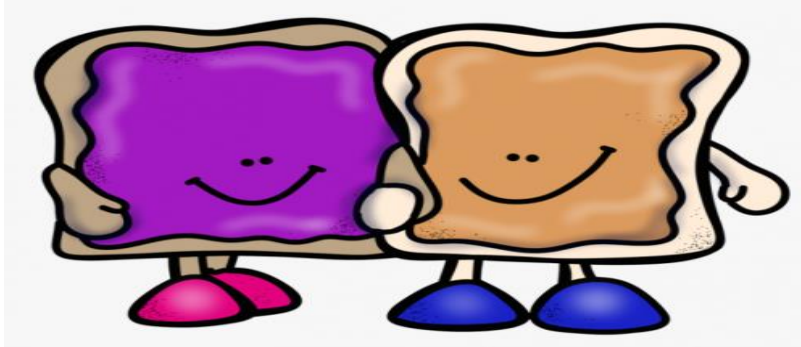
Everyone enjoyed a time for planning and visiting as we waited for our lunch prepared by the staff at Paris West. We look forward to a fun and learning time at our gourmet groups. Please contact Judy Lissman or Linda Stowers with questions. Bon Appetite!

AFTERNOON BUNKO

If you like playing Bunko, join us October 30th, at the home of Charlene Baktamarian, 3219 Storey Blvd. If you plan on joining us call, Pam Hendricks, 631-7553 or Linda Stowers, 220-1219.

NEEDS

BRING YOU PEANUT BUTTER AND JELLY TO THE MEETING!!



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OTHER INFORMATION

X-JWC

X-JWC CRAYON INITIATIVE

X-JWC is participating in the Crayon Initiative, collecting old crayons for this non-profit. The crayons are melted down and recycled into new three-sided crayons without paper which are distributed to children's hospitals throughout the country. If you have old crayons you'd like to get rid of please get them to Phyllis and we'll get them to the organization. Thanks!

TEXAS ROADHOUSE FUND RAISER

Thursday, November 9, 11:00 – 1:00. Tickets \$20, set menu of salad, pulled pork, corn, dinner roll and drink. Dine in, take out or delivery for 5 or more meals to same location. Tickets are available from Lucy Russell, Patty Benskin, Katherine Van Dell, Phyllis Salzburg.

SOCIAL MEDIA

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GFWC Women's Civic League of Cheyenne

Please keep the community posted on what we are doing with Civic League. Help tell a story by emailing or texting Linda Stowers photos! Free advertising and a greater reach than TV or Newspaper!

GFWC Women's Civic League of Cheyenne

Claudia Wilen, President
Kristen Riley, President Elect
Shelley Toll, Vice-President
Lynn McLaughlin, Recording Secretary
Kristie Ackerson, Corresponding Secretary
Deb Fairchild, Treasurer



Kaleidoscope

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