

# LARAMIE WOMAN'S CLUB

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Karen Bard, LWC Editor 2022-23

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**GENERAL FEDERATION of WOMEN'S CLUBS**

*Living the Volunteer Spirit*

[www.gfwc.org](http://www.gfwc.org)

## October



Fall is upon us and I am back home from my travels. It is great to be home and my completely overgrown garden and lawn needs much work.

First off I would like to thank Kathy Mead who was volunteered to step up and start taking care of our Facebook Page. So please send any interesting items for sharing to her for posting.  
[wyoamingkathy@gmail.com](mailto:wyoamingkathy@gmail.com)

I also want to share how wonderful Wyomingites are. On our way home our car broke down in Casper. Two and a half hours from home at 9:30 pm on a Saturday night. The company our insurance provider uses for roadside assist was awful. We couldn't find a hotel room. Everything, and I mean everything was booked. And we were trying to figure out how we were going to get our very broken car to Laramie.

After struggling with our roadside assist, we finally made the arrangements ourselves. Time, nearly midnight. Still don't have a hotel room and I found a B&B and gave them a call. First response was, no you have to have a reservation. But when I mentioned our situation she said come on over. She wound up staying up to 1:15 am for us to get there. Our son was going to have to drive up from Laramie

as we were trying to hire a trailer to haul our car home. But a friend in Casper said the heck with that and let us borrow not only their trailer but their vehicle to get our car home. On top of that the towing company comes back on Sunday morning to assist us with getting our car secured onto the trailer. Three individuals being life savers in their own way to ease our situation. What a blessing to us and a wonderful example of how warm and helpful Wyomingites are. We are so happy to have landed here in Laramie upon our return from overseas.

*Karen Bard*

*"The world needs strong women. Women who will lift and build others, who will love and be loved. Women who live bravely, both tender and fierce. Women of indomitable will."*

*Amy Tenney*

## Board Activity

October Board meeting was held. As you may recall, we are having a special meeting. It will be a fundraiser for Wreaths Across America. For members it will be the usual. But we will be selling tickets for \$15 each for the public to attend and hear our honored guest Sergeant Shane Vincent talk about his experience in being the only Wyomingite to serve as a guard at the Tomb of the Unknown Soldier. So reservations to our November meeting will be essential.

The Board had decided that we would do a soup, salad and dessert menu and had decided

on recipes for the soup and salad. I have received feedback that some of our membership does not agree with this decision. The board had a lengthy discussion about this and has come up with a recommendation to do chili, salad and dessert. People can make their own decision about what they would like to bring and use their own recipes for any of the items. However, be prepared to discuss this at the October meeting and we will have a final discussion and decision by the members.

As most of us know Bart's has closed. This is the end of an era for us and especially ALL the Bart's Ladies over the years. We want to have a special celebration for them. If you would like to be part of the planning committee for this celebration, please contact Ina.

### October Meeting

Thursday October 13<sup>th</sup>  
Noon Lunch  
1:00 Program – Suicide Education and Prevention by Lorraine Saulino-Kline  
1:45 Business Meeting

**The Usual Pot Luck Lunch is on the schedule. If you don't bring a dish an \$8 donation is required.**

Also, if you were at the September meeting and received your booklet, please bring it to the meeting so that changes can be made.

### November Meeting

November will be a special meeting. We are opening the meeting up to the public to hear our speaker on guarding the Tomb of the Unknown. For our members, everything will be as usual. If you bring a dish, there will be no charge. There will be an \$8 charge for anyone who doesn't bring a dish.

We will be selling tickets to the public for \$15. This is the cost of a wreath as all the proceeds from the luncheon will be going towards our fundraising efforts for Wreaths Across America.

This will be a very informative talk by Sergeant Shane Vincent who worked hard to be a tomb honor guard. So let your friends know and invite them to attend this special luncheon.

**RSVP will be essential as we will be selling tickets and will need to know how many members will be in attendance.**

*Karen Bard*

### WHO WOULD LIKE A GIFT CARD WORTH \$400 IN GAS?

Get your raffle tickets for your chance to win. Net Proceeds will go to the charity of our guest speaker, Sergeant Shane Vincent's, choice. This Charity is the Olivia Caldwell Foundation out of Casper where he lives. This Foundation does Pediatric Cancer Research and programs that improve the lives of children battling cancer and other serious diseases in Wyoming and surrounding areas. This fundraiser for the Olivia Caldwell Foundation is a thank you to Sergeant Vincent for coming all this way to speak to us.

Raffle tickets will be \$5 each or 5 for \$20.

This is a worthwhile project and I truly hope each of you will participate and spread the work to your family and friends. If you need additional tickets you know where to find me.

*Lynda Hidalgo*

### Things to Remember

- Spices for Interfaith
- Turn in your reading to Bernie Horst for ESO.
- Dimes for the March of Dimes
- Donation Jar – for new members it is our custom that you make a donation the month of your birthday, but anyone can contribute to this jar at anytime.

### Interesting Factoids for the Month

October is the tenth month of the Gregorian calendar. The meaning behind October's name

is far from accurate these days. The ancient Roman calendar was based on the lunar cycles, as opposed to our current calendar which is based on the solar cycles. This meant that there were originally 10 months in their calendar, and October was the eighth month. Its name literally translated into “the eighth month” in Latin. In 451 BC the two months of Ianuarius and Februarius were added to the beginning of the calendar, making October the 10<sup>th</sup> month.

October is seen by many to be a time of real seasonal change, autumn is really kicking into gear and the nights are getting cooler. The harvest festivals are over, and the nights are getting longer and longer by the day.

Let’s take a look at the origins of October, the traditions we celebrate during it, as well as some interesting little facts to bring it all together!

There are seven months in the year with 31 days and October is the sixth of them. The amount of days hasn’t changed over the ages either, with the ancient Roman calendar also placing 31 days in October.

The Anglo-Saxons’ name for October was Winterfylleth, with its name containing the words for winter and full moon respectively. It was named this because winter was said to begin from the first full moon of the month; the Harvest Moon.

The Saxons had a name for October, too. Theirs was Wyn Monath, which translated into “wine month” because it was the time of the year for making wine. I’m not sure about you, but I think October just became my favorite month.

The World Series of Major League Baseball always starts in October. The first World Series took place on October 1st, 1903, with the Boston Americans winning it all.

October 2nd is International Coffee Day.  
October 8th is National Kick Butt Day. October 15th is National Grouch Day

Every year, October ends on the same day as February. So yes, this year, February ended on a Monday and so will October.

### What happened In Wyoming

October 2<sup>nd</sup> 1924 – Governor William B. Ross dies while in office. His wife, Nellie Tayloe Ross, would become the United States first female governor the month after she won a special election in spite of not campaigning. She would serve only until 1926, however, when she would lose a subsequent election.

*“Just as ripples spread out when a single pebble is dropped into water, the actions of individuals can have far-reaching effects.”*  
Dalai Lama

### Odd Places in Wyoming

Recently read about odd places to visit and found a number of them right here in Wyoming and some of them right in our back yard.

- 1) Buford – Smallest town in the US with a population of 1. It is also the highest town between NYC and San Francisco on I-80.
- 2) Abe Lincoln Pyramid – erected in celebration of his 150<sup>th</sup> birthday.
- 3) Tree in the Rock – Noticed by a UPR train conductor and now fenced off with a sign post coming in to Laramie from Cheyenne.
- 4) Ames Monument – This monument is Albany County’s only National Historic Landmark and is the 2<sup>nd</sup> most visited in Wyoming. Many go there to enjoy and photograph the night sky.

### Club Needs

The club is in need of the following positions to be filled.

Officer - Treasurer  
Department Chair – Environment and Health & Wellness  
Other – Publicity

Bunco Queens are needed for the October 23<sup>rd</sup> Bunco Party to support the Laramie Plains Museum.

We have roles that are open, but all of the officers are completing their terms this year. Thus the nomination committee will be looking for volunteers to fill officer roles. Please be considering helping in a leadership role.

Interested, but not sure, give one of your officers a call to discuss.

### What's Your Flower?

Do you love orchids? Then you may be temperamental or always want to have the best of anything. These flowers are synonymous with the best of the best. They are beautiful and that often comes with a price. If one element is off in their environment, they may refuse to cooperate and not bloom to share their beauty. Some people are like that, temperamental. Everything needs to be as it should be or they are not quite happy with life.

But that is okay, because when things are just right you are beautiful and full of life, ready to be the best you can be and to share that with those around you.

*The most  
Beautiful  
Flower  
In life's  
Garden  
Is a  
Friend*

### Volunteerism

Report your volunteer time for the month of September.

Remember if you aren't at the meeting to report your volunteer time, please send an email to [kcbard@charter.net](mailto:kcbard@charter.net) so that we can include your time in our reporting.

## Committee Reports

### Environment

There is an opportunity for you to join a thought-provoking conversation with author Georffrey O'Gara; *What you see in Clear Water Life on the Wind River Reservation*.

This is a book about the battle over water rights in the west.

This is a Zoom presentation and discussion on Wednesday, October 19<sup>th</sup> from 6 – 7:30 pm

Please see the flyer for details but you can register for the event at [www.wyointerfaith.org](http://www.wyointerfaith.org)

*Karen Bard*

### Education & Libraries

Casey Rislov's visit with Rowdy Randy. r, Casey Rislov, is a Wyoming children's author and recently traveled from Casper to Harmony Elementary School in southern Albany County to provide an interactive reading of her award-winning picture book, *Rowdy Randy*. The students and teacher from Centennial



Elementary School were able to travel to Harmony so that they could also be a part of the event. The book is beautifully illustrated by Zachary Pullen and is a western adventure about a cowgirl horsefly. Twenty-three students and their teachers had the chance to participate in the reading, ask questions, and

meet Casey, and each child received a free book. The event was a wonderful learning experience plus a lot of fun! Casey's visit was sponsored by us as part of our educational outreach program.

Casey had pre-signed all of her books, but she stayed and wrote each child's name into their books. The children also has the opportunity to buy other books from her. The children had the opportunity to purchase her sequel book



*The Rowdy Randy Wild West Show*, which hadn't been released to the public yet. What a treat for them.

The children had such an amazing time and one little girl came back in to let us know that it was *The Best Day of my Life!*

*Janice Pelton*

### [Health & Wellness](#)

Bonnie, Linda and Mary Fick delivered 137 fall themed placemats to the Eppson Center for the homebound meal recipients. The center plans to send them out with meals the week of October 10th. One of the gals working closely with the program shared with our team how much all of the recipients appreciated the place mats that received last year for the Holidays. We have a few more we are working on to share with the Hospice.

Baby quilts for W.I.C., baby hats and prayer shawls for the hospital and cancer center have been completed and delivered.



Mary Fick is also ready to send the remainder of the yellow and blue quilt squares to Germany to be used for the quilts for the displaced children of Ukraine.

*Karen Bard and Linda Cavalli*

### [ESO](#)

#### IMPORTANT NOTICE

Please report your reading! We know you are reading; your books, magazines, newspapers all summer long. Make sure you are ready to report it all at the meeting.

You don't have to use the form, you can send me an email. You can write a note and give it to a friend to turn in for you. Doesn't matter how it is reported, but please send the information in so that we can track our clubs reading! Thank you.

*Bernie Horst*

### [Barts](#)

We will be planning a celebration for all the Bart's ladies over the almost 30 years. If you would like to be part of the planning committee please contact Ina. If you have great stories to

tell about your time as being a Barts Lady, call Ina to let her know. We want to include not just the history but the laughs as well. Please share to make this celebration a great one.

*Ina Buckner*

### Correspondence and Birthdays

Happy Birthday to: Christine Keech, Bernie Horst – 5<sup>th</sup>, Mary Mountain (11), Betty L. Wills – 12<sup>th</sup>, Irene Peach 21<sup>st</sup>, Jo Carol Ropp – 24<sup>th</sup>

Ann Rebka has had a fall and we will have cards out on the tables for our members to sign before we send them to her. For those of you not planning on being at the meeting, please consider sending her a card of some type letting her know that you are thinking of her. Her address is in our booklet.

Thinking of you cards have been sent to Ann Rebka, Jennifer Clark, Jana Clark,, Karen Polis and Darlene Olson.

We received a very special thank you from Mary Mountain

*Linda Cavalli*

### Future Events

Fall Workshop October 8<sup>th</sup> 2022 – Sunflower Room, Laramie County Library, Cheyenne

October 23<sup>rd</sup> – Bunco Fundraiser for the LPM. Noon for a 1 pm start of play.

December 17<sup>th</sup> – 11 am Wreaths Across America at the Greenhill Cemetery

Spring State Conference – April 29<sup>th</sup>, 2023, Torrington

International Convention – June 10<sup>th</sup>-13<sup>th</sup>, 2023– Louisville, Kentucky

Western States Regional Meeting – August 26-27, 2023 - Oregon

### Fundraising Corner

Bunco – October 23<sup>rd</sup> – We are having a second Bunco event that will be in support of the **Laramie Plains Museum**. So think about playing again in the fall and/or being on the committee to give the others a break.

Get your money and un-sold tickets to Ina.

*Ina Buckner*

Wreaths Across America will be bringing their Mobile Education Exhibit to Laramie on October 6<sup>th</sup>. It will be at the Territorial Prison from 10 – 4 pm. We will have a table there for taking donations and handing out information about our club and GFWC in general. Please consider signing up and doing an hour or two.

In addition, the ambassadors of the exhibit will be doing Welcome Home Ceremonies for Vietnam Veterans. So if you know anyone in the military that served during that time period, please pass the word on. We would love to welcome them home.

If you would like to be part of the Wreaths Across America committee, please contact Karen Bard as she has been involved with this program for 4 years now and will be leading the fundraising efforts for this project.

*Karen Bard*

***Karen C. Bard, President***

**307.343.6919**

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