

GFWC
X-JWC
2021



Hotline

Editor: Phyllis Salzburg psalzburg@bresnan.net

October is Domestic Violence Awareness Month

WEAR PURPLE TO THE MEETING!

President Katherine Van Dell

Passion: We have passion for what we do!

Dedication: We are dedicated to our community and its citizens!

Respect: We respect the diversity of our membership and our community!

Today is October . Fall is definitely in the air. The last produce in our gardens is being harvested and, if like me, is being canned or frozen to enjoy in the coming months. Your Board of Directors held their second meeting of the 2021-2022 year on September 28. The Board meets at the Laramie County Library the last Tuesday of the month beginning at 10 a.m. Your Board members are a hard-working dedicated group of women. I am so fortunate to work with them.

Following is a listing of the October happenings. Our second **general membership meeting** is scheduled for Tuesday, October 5 at the Red Lion where I will be asking you to vote on the **President's/Club Project**. This vote will decide which of the following GFWC Affiliate Organizations we will donate to throughout the year. They are Shot@ Life, St. Jude Children's Research Hospital, Prevent Child Abuse America, Canine Companions for Independence, Heifer International, HOBY, March of Dimes, Operation Smile, and UNICEF. Donation jars will be on the luncheon tables like the September meeting. Funds collected will be distributed on behalf of GFWC X-JWC to the selected affiliate. Phyllis Salzburg will present an **Environment "Challenge Project."** Mary Guthrie will be our October guest speaker.

Following the luncheon meeting, we will be **tying blankets for Laramie County children**. This is always a fun activity. Please plan on participating in this activity. These blankets are cherished by children when needed and will be donated during **Advocates for Children Week**, the last week in October!

October 9 the **GFWC Wyoming Fall Workshop** will be held at the Table Mountain Winery, Huntley, Wyoming, 10 a.m. to 3:00. This workshop will be informative and fun! Many of your Board members plan to attend and I sincerely hope that many members will also attend. A lunch will be provided at a small cost. There will be carpooling/caravanning to the

workshop location. Please let me know if you wish to attend and information will be provided to you.

October 13 Bunco will take place at the Moose Club beginning at 11:30. Please contact Karen Schroeder if you have any questions. This is always a fun activity.

October 30 the club is participating at the **Meadowlarks Market** to be held at the Blue Federal Credit Union community wing, 2409 E. Pershing Blvd. This is a great fundraiser for our club. We need a lot of craft and baked food items to sell at the market. Trish Peoples and Joann Bassett are coordinating this event for our club.

Thank you for all you do for GFWC at the national, state, and club levels. We do good work!

GFWC X-JWC GENERAL MEMBERSHIP LUNCHEON MEETING

Karen Lee, 2nd Vice President

IMPORTANT: If a member makes a reservation for lunch and does not attend, she is required to pay for her meal. X-JWC IS CHARGED FOR THE MEALS so members will need to reimburse the club for their missed meals.

Menu for the October 5 meeting, 11:30 a.m. at the Red Lion Inn Shoshone Room, will be salad, beef brisket, funeral potatoes, green beans, rolls, and peach cobbler, **OR** Chef Salad or Cobb Salad. \$13.00. Your caller should have contacted you asking if you will be attending and your menu selection. If you have not received a call please contact Karen at 630-5804.

EDUCATION COMMUNITY SERVICE PROGRAM

Carolyn Turbiville, Chairman

Fall has arrived, leaves are falling, short days and cooler temperatures. I have been enjoying the cooler days, after our hot summer.

We collected about \$250 in school supplies in September. Thank you to all who contributed!! These will help many children during the school year. Nicole and Laura from PEEPS, thank you. They work for the Laramie County School District #1 and will get the supplies where they are needed.

A couple of places in Cheyenne looking for volunteers: the Used Book Sale Room at the Laramie County Library and the Tutoring Club. Contact me if you are interested in volunteering at one of these places.

Three Reasons Literacy is important to everyone!

1. Brain Health - Studies show reading daily keeps brain cells healthy as we age. This can reduce the chance of developing Alzheimer's and dementia later in life.
2. Community Participation - Lack of literacy limits social engagements at all age levels.

3. Effective Communication - Reading improves our ability to communicate with others by enhancing oral language. We can then appropriately express thoughts, feelings, and ideas more clearly.

Literacy by the Numbers

- Less than 40% of American 3rd grade students read at grade level
- 75% of children will struggle to read their whole lives if they fall behind at the age of nine.
- One in four boys will suffer some level of dyslexia.
- One in five student will suffer from learning differences.
- One-third of America's struggling readers belong to college-educated families.
- The literacy rate for Algeria is 97% with Andorra (a small country between France and Spain) scoring number one in highest literacy globally.
- The illiteracy rate for people age 15 and above in Sub-Saharan Africa is 34.7%.
- The global literacy rate is 90% for men and 82.7% for women.

(Source: Tina Daniel, GFWC Education and Libraries International Chairman.)

ENVIRONMENT COMMUNITY SERVICE PROGRAM Jenny Mullin, Chairman



From Phyllis Salzburg, GFWC Wyoming Environment CSP Chairman

CHALLENGE PROJECT October 1 – October 31, 2021 Keep track for just one month of how many plastic bottles and plastic bags you recycle, reuse, or upcycle (like repurposing). Find the handy **tally sheet** on October lunch tables. Turn your numbers in at the November meeting for the big report on **America Recycles Day November 15**. Each Wyoming club (and GFWC clubs throughout the country) is being asked to participate so we'll know the impact GFWC is having on recycling plastics – the scourge of our oceans and waterways!

Batteries -- We continue to collect used household and other batteries. Please separate them by type of battery when turning them in to Jenny. Used batteries we collect will be taken to the Household Hazardous Waste facility at the Transfer Station for disposal.

Christmas Tree Lights - Give your old lights to Phyllis. They will be recycled rather than ending up in the land fill!

GLASS RECYCLING – At local Target store. Hooray!

HEALTH AND WELLNESS COMMUNITY SERVICE PROGRAM, Nancy Krois, Chairman



Nutrition, Disease Prevention, and Physical and Emotional Care: Hopefully you all have been HUMMING up a Musical!!! Great for your Vagus nerve and brain. This is also International Deaf and Hearing-Impaired week so those of us who can hear naturally or

assisted should enjoy the beautiful sounds of the world – birds, music, kitties purring, laughter and so forth. Keep those ears in tip top shape with an exam if you are having balance issues and/or not hearing as well as you used to. Please do not put off getting assisted hearing devices since studies show that hearing loss leads to social isolation and decreased interest in your environment.

Wearing Purple this month reminds us of our sisters and brothers, young and old, who are victims of physical violence and emotional pain. Encourage victims to seek help leaving an abusive situation and healing the wounds of abuse. Many different kinds of help are available so that the pain is not passed on to the next generation.

In August X-JWC and Wyoming Optimist clubs joined forces and tied 10 blankets during some down time at the Optimist State Convention. Huge THANK YOU to Bev Campbell and Kathleen Petersen who oversaw the tying while I was in Vermont. After the October meeting (this Tuesday), we have 10 fleece blankets to TIE ONLY. On behalf of **Blankets for Laramie County Kids**, thank you so much for tying the blankets.

If anyone has **coats or warm socks** to donate to those in need, bring them to the October, November or December meetings. I will be glad to take them to appropriate donation sites. Thank you, Trish, for that wonder list of donation sites for Cheyenne for so many different ways to give. Remember altruistic deeds give our brains great nerve signals and increases the positive effects in us and others!! Remember to HUM.

MEMBERSHIP
Cindy Hardesty, Chairman
Handbook Update

ADD: Wendy Owen, Birthday Aug 15, joined 2019
2700 Carey Ave., 82001
wendyoproperties@gmail.com
631-5547

Marcia Stewart
507 Julianna Rd., 82007
mcstewart6@gmail.com
641-8638

Happy October Birthday to Betsy Hartman October 3

IT'S COMING, ONCE AGAIN!
TEXAS ROADHOUSE LUNCH FUNDRAISER! Karen Lee and her Amazing Committee (Carolyn Turbiville, Karen Schroeder, and Joanne Bassett)



Thursday, November 18, 2021, 11:00 a.m. – 1:00 p.m.

Each member buys at least 5 tickets at \$12.00 each and may resell or give away. **More tickets are available to sell.** X-JWC receives \$6.00 from each ticket sold which helps support our Community Improvement Program projects – Family Promise and Friday Food Bags. Pick up your packet at the October meeting where more details are included. **Money is due at the**

November 2 general meeting/luncheon. If unable to attend, please get money to Carolyn Turbiville.

This is always a fun and very successful fund raiser that people are happy to support so don't be shy – sell tickets! Be sure to talk to places where you do business. We'll deliver with 5 or more orders! Ticket holders may dine in or pick up orders at the outside window. Members will be asked to sign up for server, greeter/seater, drink pourer, hostess, busser, peanut sales, quilt ticket sales or delivery drivers. Once again would like to see the husbands and boyfriends helping out with delivery. They are fun to have there and seem to enjoy helping out. Sign up at the October and November meetings.

GFWC MEADOWLARKS MARKET, Trish Peoples

Another fun, fund raising opportunity for X-JWC members is the GFWC Meadowlarks Market **October 30** at the Blue Federal Credit Union community wing, 2401 E Pershing Blvd, 9:00 a.m. – 5:00 p.m. X-JWC will have a table at the Market to offer craft and baked items for sale. Admission is free. Other organizations and vendors will also be there for your shopping pleasure!

Members are encouraged to **make items for sale at our table**. There will be a sign-up sheet at the general membership meeting to help at the event. Only two people are needed at the table each shift.

Contact Trish if you would like her to take your items to Blue. **PLEASE have your items priced.** They may change them based on how things are selling, but give them a place to start. Although we'll surely sell out, please let Trish know if you want your donations back just in case they don't sell.

GFWC and GFWC WESTERN STATES REGION MEETINGS

Seen in Atlanta at **GFWC International Convention** in August, working hard for our members -- X-JWC members GFWC Wyoming President Elect Trish Peoples, GFWC Resolutions Committee member Patty Benskin, and with a long list of "Pasts" Phyllis Salzburg.

JUNE 2022 – New Orleans, Louisiana!!

Colorado Springs hosted **GFWC Western States Region Conference** in September, attended by X-JWC members X-JWC President Katherine Van Dell, Trish Peoples, Patty Benskin, and Phyllis Salzburg.

AUGUST 2022 – Anchorage, Alaska!!

GFWC Women's Civic League of Cheyenne member Pam Crochet was selected as one of two Western States Region **Jenny Award** nominees submitted to GFWC. The Jenny Award is the only award GFWC makes to an individual member for outstanding service to club, community, and family. Winners will be announced in New Orleans next year. Good luck Pam!
