



**2024**

**Hotline**

*Editor: Phyllis Salzburg westernbps@gmail.com*

**Note from President Patty Benskin**

I hope everyone is enjoying this glorious, beautiful autumn!  
 I am looking forward to the next couple of months. XJWC has a lot going on.  
 On October 26, we will participate in the Meadowlark Market. You can help by donating baked goods or craft items to sell. This is small fundraiser for our club and is a fun event.  
 On November 7, we will host our annual “Texas Roadhouse” event. Your help is needed. Please respond to Susan Reagan to sign up. Tickets are available. This has traditionally been our big fundraiser.  
 Later, this fall we will have a membership drive event. Stay tuned as this event is developed. Think about friends that might enjoy our club.  
 We are going to have a traditional Christmas party for our December meeting.  
 Thank you everyone for all you do to make this club the best it can be!  
 Patty

**GFWC X-JWC GENERAL MEMBERSHIP LUNCHEON MEETING**

**Toni Greene, Vice President**

**Be sure to make a reservation with your caller, or VP Toni Greene, if you plan to have lunch.**  
The Red Lion only makes enough lunches to serve those who have made a reservation.

**Menu** for the October 1 meeting, 11:30 a.m. at the Red Lion Inn. will be Beef Brisket with BBQ sauce, Potatoes, Green Beans, Peach Cobbler, rolls, coffee, tea and water, or the option of a Cobb or Chef Salad. Cost of lunch is \$15.00. If paying by check, **make check payable to X-JWC.**

**GUEST SPEAKER:** Karen Bard, GFWC-Wyoming State President. Karen is a member of the GFWC Laramie Woman’s Club.

**DONATIONS TO BRING TO MEETING IF YOU CAN AND WOULD LIKE TO HELP:**

South High School Emergency Closet – Page 1  
GFWC-W auction basket – Page 4

National Guard Care Packages – Page 2

## ADVOCATES FOR CHILDREN, Nancy Krois, chairman

Thank all of you who helped with cutting and tying all the fleece blankets for Blankets for Laramie County Kids. Ellen Sevall donated many of her quilts that she sewed at her winter home to Blankets for Laramie County Kids. And additional thanks to Bev Campbell for 51 blankets that she quilted this past calendar year. I am glad to report that our blankets were greatly appreciated by the kids. On September 24, 2024 many of our blankets were given to kiddos at the first Reading Under the Lights at South High School.

For October, November and December, I would like to collect the following hygiene items for the emergency closet at **South High School: shampoo, tooth brushes, tooth paste, dental floss, male and female deodorant, tampons (Playtex preferred) and overnight pads (Always overnight preferred)**. I will have a box or my wagon for the collection. Dig through your drawers for those little tooth paste tubes and pick up a thing or two for the kids at South High if you can. Many of the kids sofa surf and are trying hard to stay in school to graduate. A big thank you for your contributions.



## ARTS COMMITTEE

**Karen Schroeder and Chris Ryan, Co-chairmen**

See last page of Hotline for information on **Arboretum/Cheyenne National Cemetery tour**.

## CIVIC ENGAGEMENT AND OUTREACH

**Trish Peoples, Chairman**

Trish will be taking donations at October meeting for down range (deployed) National Guard troops. Her VFW post will be assembling and shipping the care packages. **Suggested items:**

|   |                           |                             |
|---|---------------------------|-----------------------------|
| Trail Mixes – Target brand great          | Cup of Noodles            | Peanut butter               |
| Protein/Meal Replacement Bars             | Dried fruit               | Nutella                     |
| Crackers/Cheese-its, etc.                 | Microwave popcorn packets | Chips, Pringles travel best |
| Female hygiene items, discreetly packaged |                           | Male razors                 |
| Ramen noodles, all flavors                | Mac & Cheese cups         | Beef Jerkey                 |

**Game changer: Scrubzz Personal Bath Sponges** from Amazon in packs of 25. Self-contained personal hygiene wipes.

## EDUCATION AND LIBRARIES COMMUNITY SERVICE PROGRAM

Joanne Bassett, Chairman

Susan Reagan is interested in establishing a **Little Free Library** somewhere in town. If you would like to help her with this project let her know!

**ESO/LITERARY** – Mary Ann Kamla: Thursday, October 17, 1:00 at Bev Campbell's. Share what you've been reading!

## ENVIRONMENT COMMUNITY SERVICE PROGRAM

Jenny Mullin and Phyllis Salzburg, Co-Chairman



**Batteries** -- We continue to collect used household and other batteries. Please separate them by type of battery when turning them in to Jenny. Used batteries will be taken to the Household Hazardous Waste facility at the Transfer Station for disposal. Jenny recently received 75 pounds of donated batteries!

**National Parks – free entrance days** are available at more than 400 National Park Service sites 6 days each year. In 2025 these days will be:

January 20 – Martin Luther King, Jr. Day

April 16 – First Day of National Park Week

June 19 -- Juneteenth

August 4 – Great American Outdoors Day

September 27 – National Public Lands Day

November 11 – Veterans Day

**And did you know** citizens 62+ years old are eligible for **the Lifetime Senior Pass** for free admission and discounts at National Parks? \$80 for the lifetime pass. **Visit**

<https://store.usgs.gov/lifetime-senior-pass> for all the details.

## HEALTH AND WELLNESS COMMUNITY SERVICE PROGRAM

Katherine Van Dell, Chairman

### *October is a Time for Awareness!*

Various colors are dedicated to many programs that are recognized in October.

Listed below are the ones I am noting in this article. Colors associated with these programs are pink, green, purple, teal, violet, orange, and shades of black.

Breast Cancer Awareness (pink)

Domestic Violence Awareness (purple)

Liver Cancer Awareness (emerald green)

Pregnancy and Infant Loss Awareness

ADHD Awareness (orange)

Depression Awareness (green)

Disabilities Awareness (red)

Down Syndrome Awareness (blue and yellow)

Blindness Awareness  
Prostate Cancer Awareness (light blue)  
Dyslexia Awareness  
Audiology Awareness  
SIDS Awareness (pink and blue)

World Cerebral Palsy Day (green)  
Women's Health  
Mental Health Awareness (green)  
Bullying Prevention (orange)

For October's membership luncheon meeting, please wear a color associated with one or more of the above programs that may have affected you. Let us be aware and recognize these programs.

### **MEMBERSHIP**

**Cindy Hardesty, Chairman**

**Be sure to wear your name tag to have your name entered into a drawing!**

**October Birthdays** Connie Hein Oct 3 Marylean Hunter Oct 28 Betsy Hartman Oct 30

### **COURTESY REPORT**

**Travels** – Carolyn Turbiville made a surprise visit to her aunt and uncle in Rock Valley, IA this summer. It was her aunt's 90<sup>th</sup> birthday.

Karen Lee's brother passed away this week in Kentucky from a massive heart attack. Please keep Karen and family in your thoughts and prayers.

It was suggested that members needing a ride to meetings, let food callers know when they need a ride. The committee will assign rides for people to get to the meetings.

### **MEADOWLARKS MARKET FUND RAISER**

**October 26, 2024**

**Lucy Russell, chairman**

Location will be Blue Federal Credit Union World Headquarters, 9:00 – 3:00. Members are asked to provide items for sale (primarily food, but crafts also welcome) at the market and work at our booth. Sign up sheets to list items for sale, help set up and work at the booth will be available at the October meeting.

### **TEXAS ROADHOUSE LUNCH FUND RAISER**

**November 7, 2024**

**Susan Reagan, chairman**



Tickets \$20 each.

Helpers Sign Up Sheet – Posters - available at October 1, 2024 membership meeting.

Final Count/ Money Due by Board Meeting October 29, 2024

Questions/Comments? Contact Susan Reagan 640-7281 or [spcir1974@outlook.com](mailto:spcir1974@outlook.com)

### **GFWC WYOMING**

**Fall workshop** will be held Saturday, October 5 in Casper, Wyoming at the Casper Airport Observation Deck, 1:00 – 5:00. X-JWC President Patty Benskin is assembling a Halloween-themed basket for a State fund raising project. If you would like to donate an item please bring to the

October meeting. For information on attending the workshop contact Patty, Karen Kent or Katherine Van Dell.

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GFWC X-JWC, P. O. Box 2053, Cheyenne, WY 82003

<https://www.gfwcxjwccheyenney.org/>



The X-JWC Arts & Culture Committee



Presents  
A DAY AT THE HIGH PLAINS ARBORETUM  
AND  
CHEYENNE NATIONAL CEMETERY

Join us for a tour to the High Plains Arboretum and Cheyenne National Cemetery. We will travel by Trolley to both locations.

TOUR

Date:/Time: **Monday, October 7, 2024.** We will leave from the Trolley Parking Area in Depot Plaza in downtown Cheyenne at 1:30 p.m., and arrive back in town between 5-5:30 p.m. Our actual tour time is 2-4 p.m. at the Arboretum and a short tour of the National Cemetery.

Where: High Plains Arboretum and Cheyenne National Cemetery

Cost: **\$15/person.** Includes travel to and from and tip for the driver. The Arboretum is graciously not charging for the tour. There is no charge for the National Cemetery tour. Small bottles of water will be supplied for everyone.

Our tour guide will be Jessica Friis, City of Cheyenne and our Trolley driver will be Sue James, City of Cheyenne Trolley. Most of the tour will take place on the Trolley with very little walking involved. After our tour of the Arboretum, we will travel to the National Cemetery for a short tour.

**PLEASE SIGNUP AT THE X-JWC MEETING ON OCTOBER 1, 2024 (sheet on back table).** WE WILL SIGN UP MEMBERS AND IF THERE IS AVAILABLE SPACE, WE CAN ADD GUESTS AND FAMILY MEMBERS. ALL RESERVATIONS SHOULD BE RECEIVED NO LATER THAN FRIDAY, OCTOBER 4, 2024. CALL KAREN SCHROEDER, 630.1602 OR CHRIS RYAN, 631.0123.