



**GFWC X-JWC**  
*Member of the General Federation of Women's Clubs*  
GFWC.org



## **Hot Line**

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**SEPTEMBER 2023**

**WELCOME BACK!**

**Lucy Russell, President**

I hope that everyone had a great summer. I traveled a little and spent time with my family. It went by way too quickly but I am ready to start working for X-JWC. We had our first board meeting of the club year on August 28<sup>th</sup> at Pointe Frontier which was well attended. I am so thankful for the board and for all they do to serve our community.



At the meeting the Board decided to recommend a collection at the September meeting for the Maui fire fund. All funds collected will be sent to the Hawaii Community Foundation, Maui Strong Fund which is recommended by GFWC. Funds will be used to help the people affected by this terrible disaster. At future meetings I will be collecting for the students of Laramie County School District #1 to help pay for school meals. Many students can't afford the cost and so there have been a build of funds owed which takes away for paying for other things that the students need. I appreciate all your support with my project from last year, Rooted in Cheyenne, which received over \$600 from your donations! Hopefully we'll be as successful with this year's projects.

X-JWC signed on with GFWC's National Day of Service initiative to fight food insecurity. A suggestion was brought to the Board to support Meals of Hope which the membership will be asked to vote on as our project. Meals are packaged and then given to local food banks. The meal to be packaged is oatmeal with extra nutrients. Other clubs will also be participating with the hope of packaging about 10,000 meals. The club will be asked to donate \$100 for this project. If this is passed at our meeting on Tuesday, club members are encouraged to participate on September 18<sup>th</sup> at 1:00 pm at Element Church to help package the meals. I hope we get a good attendance at this service project.

We already have many things planned for this year. We will be doing a trolley ride to see the statutes on Capitol Avenue and we will have a few fund raisers to support our CIP project, K9s4Mobility. Speaking of which we will be taking part in the Meadowlarks Market on October 28<sup>th</sup> so please plan on making some baked goods, providing some crafts or working there that day. I hope this will be a great club year, please contact me with any ideas you have for our club.

### **GFWC X-JWC 2023 – 2024 Officers**

Lucy Russell, President  
Toni Greene, Vice President  
Phyllis Salzburg, Treasurer

Kathleen Petersen, President Elect  
Fran Fooks, Secretary  
Cindy Hardesty, Director of Membership

## **SEPTEMBER 5 GENERAL MEMBERSHIP MEETING**

Red Lion Inn, 11:30. Lunch: \$15.00. Menu: Garden salad, chicken fried chicken, peas and mushrooms, German chocolate cake. **Speaker** will be Britney Tennant, CEO of Cheyenne Animal Shelter

### **On-going Collections:**

Used batteries, separated by type of battery please, to Jenny Mullin, Environment Committee co-chairman.

Used printer cartridges. Phyllis Salzburg, Environment Committee co-chairman.

Used athletic shoes for Nike Grind, gently used/new bras for Free the Girls.

## **GFWC X-JWC CLUB PRESIDENT'S 2023 – 2024 PROJECT**

This year President Lucy Russell has chosen the **"Feed It Forward"** program at Laramie County School District #1. The program is managed by LCSD #1 Nutrition Services and operates on donations. Principals throughout the district have access to the account to assist students who do not have sufficient funds in their lunch accounts due to circumstances beyond their control and for those who do not qualify for meal benefits.

The District's goal is to ensure that students are safe and well-nourished while they are at school as that plays a major role in their academic readiness and overall well-being. A student's school meal debt is a barrier to success. Last year school meals were free as they were fully subsidized under federal COVID-19 relief funds. Since those funds are no longer available districts nationwide went back to previous meal charge policies. Jars will be on lunch tables each month for members who wish to place donations for the program.

## **GFWC NATIONAL DAY OF SERVICE**

GFWC is encouraging all clubs to participate in the National Day of Service to help end hunger in the United States by volunteering, donating, or organizing a community service program on September 30 (or a date convenient for the club). At the September club meeting, X-JWC members will be voting on participating in the **Meals of Hope** food packaging event on **September 18** at **Element Church** from 1:00 to 3:00 and providing a \$100 donation.

Other Cheyenne and Laramie clubs and organizations will be participating in the event, packaging meals which will be available at food banks, so wear your name tags, aprons, pins that show you are a proud GFWC member!

## **ARTS COMMUNITY SERVICE PROGRAM**

**Karen Schroeder, Chairman**

Karen has arranged a **Cheyenne trolley tour** for members to view the **bronze statues** along Carey Avenue with a narrator on Saturday, September 16. Cost will be \$10. Sign up will be available at the September membership meeting. Trolley holds 26 people.

**Arts and Aviation Center Open House**, Saturday, September 9, 10:00am – 2:00pm. Celebrate the completion of the **airport fountain restoration** and open house at the Historic Airport Terminal, 300 E. 8<sup>th</sup> Ave. Arts Cheyenne event offers Cheyenne citizens opportunity to provide ideas for the future of the terminal while learning about Cheyenne's rich aviation history.

## **EDUCATION AND LIBRARIES COMMUNITY SERVICE PROGRAM**

**Joanne Bassett, Chairman**

On **Friday September 8**, the **Laramie County Library** will be showing a free movie, *The Royal Tenenbaums* from 1:30 to 4:30 pm. Popcorn 🍿 and refreshments will be provided! Optional chair yoga at the start!



### **SEPTEMBER IS LIBRARY CARD SIGN-UP MONTH!**

Library cards empower individuals and communities by providing free access to technology, multimedia content, educational programming, provide joy and relaxation of reading, traveling vicariously and so much more. A library card opens a world of learning for everyone and is one of the most cost-effective back-to-school supplies available! And it's free! If you or family members don't have one visit the Laramie County Library today.

**ESO Reading Program**, Mary Ann Kamla. Don't forget to report your reading to Mary Ann. If you need information on participating Mary Ann has all the information!

## **ENVIRONMENT COMMUNITY SERVICE PROGRAM**

**Jenny Mullin and Phyllis Salzburg, Co-chairmen**



**National Public Lands Day** is the nation's largest, single-day volunteer event for public lands, held annually on the fourth Saturday in September. Since 1994, National Public Lands Day has brought together hundreds of thousands of volunteers to help restore America's public lands.

These are the places Americans use for outdoor recreation, education, and other activities. Public lands include national parks, monuments, wildlife refuges, forests, grasslands, marine sanctuaries, lakes, and reservoirs, as well as state, county, and city parks that are managed by federal, state, and local governments. National Public Lands Day also includes fee-free days (free entry day) at many federally managed lands like national parks.

**Saturday, September 23, 2023, 10:00 am to 2:00 pm** let's join **Curt Gowdy State Park** in celebration of **National Public Lands Day** for a clean up of their pollinator garden! Volunteers will meet at the Visitor Center and help pull weeds in and around the garden, making it cleaner and helping to prevent invasive species from taking over. Time permitting, take a brief hike around Kate's trail to discuss conservation and ecology at the park. Let Phyllis know if interested.

## **HEALTH AND WELLNESS COMMUNITY SERVICE PROGRAM**

**Nancy Krois, Chairman**



**Welcome to the 2023– 2024 XJWC New Year. Your chance to meet new people and reconnect with your XJWC friends. ASK Yourself:**

What is my favorite part of being in XJWC? Be sure to share these thoughts with others.

What would you like to do at XJWC this year? Be sure to share these thoughts with others too.

Who have I not met at XJWC? Remember that Friends are just strangers that you haven't met.

**Be on the look out** for interesting activities in our community or different groups that gets your mind and body moving. The program and committee people would love to HEAR FROM YOU.

Remember to Hum, SMILE and get some fresh air to jiggle that master VAGUS Nerve!! See you at the Meetings.

**MEMBERSHIP** Cindy Hardesty, Director of Membership

**HAPPY SEPTEMBER BIRTHDAYS**

Patty Benskin	9/22	Pam Nelson	9/27	Lucy Russell	9/25
Bobbi Earnshaw	9/22	Bev Rogers	9/9	Ellen Sevall	9/29
Amy Gorby	9/15				

**WAYS AND MEANS,** Karen Kent, Chairman

**MARK YOUR CALENDAR! MEADOWLARKS MARKET,** October 28 at Blue World Headquarters.



Karen Kent is looking for someone to take the lead on this fund raising event. Contact her if you can help or need more information.

**Texas Roadhouse Luncheon** More information to follow.

These fund raisers will benefit our Community Improvement Project –**K9s for Mobility!**

**BUNCO,** Karen Schroeder, Chairman

X-JWC Bunco is held on the second Tuesday of each month at noon. Bring your lunch and visit with other members before Bunco starts at 12:30 p.m. Moose Lodge, 1019 S. Greeley Highway; games are usually completed by 3 p.m. Each player pays \$5 to play. All money collected is distributed at the end of the game to the winners of various categories. Members will be more than happy to help newcomers learn. It is a simple game and so much fun! If you would like to come and join our group, please contact Karen Schroeder, e-mail: [klikoffice@bresnan.net](mailto:klikoffice@bresnan.net) or 307.630.1602. Come try us, you'll like us.

**GFWC WYOMING**



**Fall Workshop -- Saturday, September 30, 10:00 a.m. – 3:00 p.m. Riverton, WY.** Riverton Branch Library, 1330 W. Park Avenue. An opportunity to learn about new programs, projects, what's happening in our clubs, meet new and visit with old friends. The GFWC Fremont County Ladies (FCL) are gathering items for **Set Free Church Christian Food Storehouse** as part of the GFWC National Day of Service. Stuff your car with non-perishable food to support GFWC FCL and fill these pantries! For more information, contact President Trish Peoples. Raffle tickets for a beautiful quilt are also available from Trish to support GFWC-Wyoming.

**COURTESY AND MEMBER CONTACT** Pam Nelson and Carolyn Turbiville

**About Members** – We will have a new feature in the newsletter each month about members and the date they joined XJWC and the number of years they have been a member. Our first two members who have been with us the longest are: Carol Pralle and Phyllis Duncan. Carol joined in 1981 and has been a member for 42 years and Phyllis joined in 1987 and has been a member 36 years.

**Illnesses/Surgeries** – Fran Fooks had back surgery in Denver this summer and will be home in about a week. Judy Kallal had a rough summer after spending a month in a Boston hospital and

rehabilitation when she fell in the hotel at Hyannis Port where she was staying during her tour of Cape Cod. She broke her left elbow as well as small bones around her eye. When she returned back to Cheyenne, she had 2 more bad falls injuring her back. After being hospitalized at CRMC, she has been at DePaul Rehabilitation for about a week and a half. The latest good news is she will be returning home on Friday, September 1. Bev Rogers was also in the hospital this summer, but is home now and doing much better.

Becky Hart had a mini stroke (TIA) two weeks ago and is now home. Recently Carolyn Turbiville had an overnight visit to the hospital due to a TIA, but she made it home in time to celebrate her birthday and is doing fine. It would be very much appreciated to remember these ladies with a phone call, card or maybe even a visit by our members.

**Kathleen Peterson** recently moved to Ft. Collins, CO and is enjoying her new home.

**Travels** – Lucy Russell and her husband, Richard, attended a wedding this summer in Cancun.

Pam Nelson and her husband, Roger, flew to Charleston, NC for 10 days in June to visit their oldest son and family. They also drove to Cody in August and spent 3 days visiting the Buffalo Bill Dam Visitor Center and Buffalo Bill Center of the West. She says they'll go back because there was not enough time to see all the museums inside the Center.

Club members Patty Benskin, Karen Kent, Phyllis Salzburg and GFWC-Wyoming State President Trish Peoples recently attended Western States Region Conference in Redmond, Oregon, President Trish gave a very good report on Wyoming club activities concluding with leading the group in singing Home on the Range to the delight of all in attendance!

### **REMEMBERING PHYLLIS BLACK**

Phyllis Elsbeth Hughes Black, died in Cheyenne June 18, 2023 at age 102. Phyllis led a full life with a wonderful variety of experiences over her 102 years. Small town Wyoming ranch upbringing, Navy vet, wife, mother, grandmother, great grandmother, licensed pilot, teacher, rural mail carrier, genealogist, avid reader, excellent craftsperson, 46-year clubwoman, and more.

She joined the Yoder Women's Club in 1977, always helping with the fall pheasant hunters' dinner. After moving to Cheyenne in 1999 she joined X-JWC, volunteering to bring birthday cakes to veterans at the VA Hospital and serving on many club committees. She continued to support the Yoder club traveling with X-JWC members to help with the annual fund raising dinner.

In 2011, Phyllis joined a group of veterans on an Honor Flight to visit the World War II Memorial in Washington, D.C., where she was thanked for her service by Wyoming's congressional delegation. Many years she attended the Memorial Day and Veterans Day remembrances in Cheyenne with X-JWC club members. We were honored to have her as a club member and will surely miss her. Her memorial service, with military honors, was attended by 7 members of XJWC in Torrington, WY on June 28, 2023. Read her full obituary at

<https://torringtontelegram.com/article/phyllis-elsbeth-hughes-black>



## Remembering Phyllis

*Planting pinwheels 2015*



*Memorial Day 2014*

*Wyoming State Convention 2010*



### RECENT STATE AND CLUB PHOTOS

**Left:** GFWC International Convention Opening. President Trish Peoples representing Wyoming with Karen Bard, President Elect, carrying Wyoming flag. June, Louisville, KY

**Right:** Kentucky State Night, Wyo clubwomen from left: Nancy Kaufman, Kristin Riley, Karen Kent, Trish Peoples, Phyllis Salzburg, Pam Crochet, Karen Bard



**X-JWC SUMMER PICNIC**



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